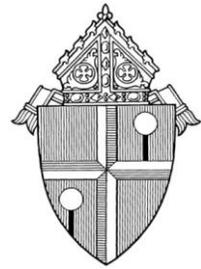


# Office of Religious Education

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6301 PALI HIGHWAY, KĀNE`OHE, HAWAI`I 96744-5224  
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## 111: Liturgy and Sacraments

### FACILITATOR INSTRUCTIONS

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#### Catechist Session I: Prepare for the Journey

Order booklets from RCL Benziger at <http://www.rclbenziger.com> or contact the Office of Religious Education.

Distribute *Liturgy and Sacraments*

Pray together using prayer on page 8.

Explain: Catholics are a sacramental people. Our faith is rooted in the belief that God is present among us, that God took on flesh and walked among us in the person of Jesus Christ, that Jesus' death and Resurrection were saving for us all, and that the Spirit of God was sent by Jesus to guide and animate us as Church. When we gather to worship, we ritualize our belief in these mysteries and celebrate the ways in which we find them still deeply present in our lives. In this module you will explore the meaning of liturgy and sacrament and gain insight into why the sacramental life of the faith community is so central to our Catholic identity.

Let's take a look at your booklet. Each of the four segments in this module is divided into two parts. For example, in the first segment, part 1 is covered on pages 11 - 13 and part 2 is covered on pages 14 - 18.

Here is an overview of all four segments:

#### 1. What Is Liturgy?

Part 1: Ritual and Liturgy

Part 2: Liturgy and the Paschal Mystery

#### 2. Liturgy and Christian Identity

Part 1: Music and Sacred Space

Part 2: Symbols in Liturgy

#### 3. Sacraments of Initiation

Part 1: The Sacramental Principle

Part 2: Baptism, Confirmation, and Eucharist

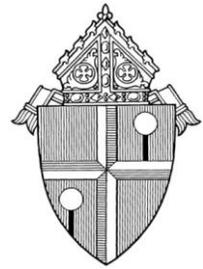
#### 4. Jesus: Sacraments of Healing and Service

Part 1: Sacraments of Healing

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### Part 2: Sacraments at the Service of Communion

Activity and Discussion: Use pages 6 - 7. *This is an important step in getting to know each other before getting into deeper faith sharing.*

*Read the article together and allow catechists to discuss their answers with each other. After discussion, tell catechists that they will be given two weeks to view the CD and answer all the questions in the booklet.*

### Catechist Session II: Discussion

*Note: Remember that the CD that comes with the booklet can only be read on a computer. If your parish does not have a computer that can be connected to a project and external speakers, you will need to borrow **Liturgy and Sacraments** DVD from the Office of Religious Education. The DVD format may be played on a TV/DVD combination.*

Greet catechists.

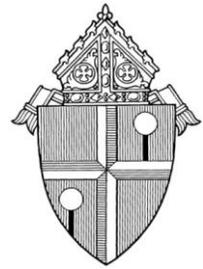
Play video. Stop at the end of each section and have catechists discuss their responses to the questions as a whole group.

Ask each catechist what one or two things (s)he will do differently because of what was learned in this course of study.

End the session with the *Signed with the Cross of Christ* prayer on page 41.

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Page 1

## 111: Liturgy and Sacraments

### ASSIGNMENT SHEET

Instructions:

View your ENTIRE booklet, guided by the compact disc located on the back page. The CD works only in a computer, not in a DVD player. Write your answers to all questions, paying particular attention to the following:

### Segment 1: What is Liturgy?

#### Part 1: Ritual and Liturgy

Page 13

- a. What can special family rituals teach us about the meaning of Eucharist? List at least three elements of the family ritual event in the left column below, and next to each identify in the right column what it can teach us about the Eucharistic liturgy.

FAMILY RITUAL

EUCCHARIST

- b. Read the following three statements about the meaning of liturgy. Choose one and write in your own words what it means to you.
- Liturgy is participation in the work of God.
  - Liturgy is a response to God's blessing.
  - Liturgy makes present the Paschal mystery.

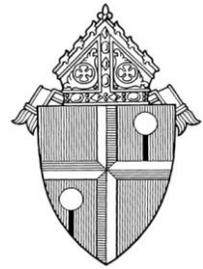
#### Part 2: Liturgy and the Paschal Mystery

Page 15

- a. What is your responsibility as a member of the assembly for making the liturgy in your parish an effective celebration? List three specific aspects of your responsibility. Give examples of what you could do.
- b. From what you learned on the video, give three reasons why the Liturgy of the Word is such an important part of the Eucharistic liturgy.
- c. Refer to the wheel diagram on page 15, question #3. It marks the great liturgical seasons in the Church year. Mark on it one feast that was

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Page 2

meaningful for you during the past year. In what way did its celebration deepen your understanding of the mystery of Christ?

Read *What is Liturgy?* on pages 17 and 18. Write your answer to the question on page 18.

## Segment 2. Liturgy and Christian Identity

### Part 1: Music and Sacred Space

Page 21

- a. What significance is there to the placement in liturgical space of each of the following elements?

#### ELEMENTS OF LITURGICAL SPACE

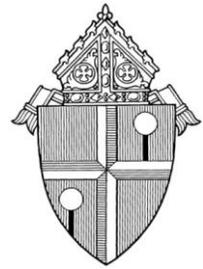
Baptismal font or pool  
Seating for the assembly  
Ambo and altar

#### SIGNIFICANCE

- b. If you could alter the design of the worship space in your parish, what changes would you make, if any? How would these changes lead to more effective liturgical celebration?
- c. Michael Joncas speaks on the video of four ways that music can enhance liturgical celebration. Select one or more of these functions of music from the list below and describe ways in which it has contributed to an effective celebration for you.
- Proclamation of the Gospel
  - Reinforcing the Gospel message
  - Fellowship/community
  - Call to service

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Page 3

## Part 2: Symbols in Liturgy

Page 23

- a. Recall a cultural symbol used in the Native American liturgy in the video. Describe ways in which that symbol might enhance the worship experience for the Native American community.
- b. The assembly and the actions it performs at liturgy express the relationship between God and God's people. In what ways can an understanding of this principle by the people enhance the celebration of liturgy?

## Segment 3: Sacraments of Initiation

### Part 1: The Sacramental Principle

Page 29

- a. The video states that the Church can be seen as the sacrament of Jesus in the world and that Jesus is the sacrament of God. In light of this, in what ways can you say that you are a sacrament of Christ in the world?
- b. The pouring of water, the lighting of fire, and anointing with oil are symbolic actions used in the celebration of the Sacraments of Initiation. Choose one of these actions and explain what it signifies in the process of conversion.

ELEMENTS

SIGNIFICANCE

Pouring of water

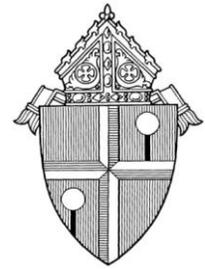
Lighting of fire

Anointing with oil

- c. In the video, Father Tom Caroluzza points out that catechumens are formed as Catholics in four key ways. Under each item in the list below, tell how has each of these activities contributed to your own formation as a Christian.

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Page 4

Living with the Community

Learning with the

Community Praying with the

Community Serving the

Part 2: Baptism, Confirmation, and Eucharist

Page 31

- a. What is the significance of each of the three Sacraments of Initiation in the initiation of a Christian?

Baptism

Confirmation

Eucharist

- b. Whoever receives the Body of Christ becomes the Body of Christ. How can you see this demonstrated in your life and in the life of your parish community?

Read *Sacraments of Initiation* on pages 33 – 35. Write your answer to the question on page 34.

### Segment 4: Sacraments of Healing and Service

Part 1: Sacraments of Healing

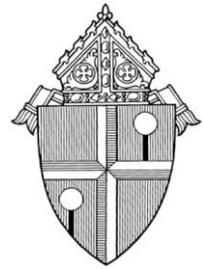
Page 37

- a. What reasons can you give for why the *Catechism of the Catholic Church* now calls the first Sacrament of Healing “The Sacrament of Penance and Reconciliation”?

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Page 5

- b. In the space below, create a symbol for each of the two Sacraments of Healing that could help others understand the effects of these two sacraments.

PENANCE AND RECONCILIATION

ANOINTING OF THE SICK

### Part 2: Sacraments at the Service of Communion

Page 39

- a. A key role of the priest is to animate and call forth the gifts of the parish community. What gifts have been called forth from members of your parish for service to the people of God?
- b. The Church teaches that a Christian home is to be a center of faith, an illustration of the Christian life, and a welcoming presence for others. How have you seen these values reflected in your own family and in those of your friends?

Pages 42 – 51 contain a series of four essays. **Select one** of the essays to read. Write your response to the *For Reflection* questions located at the end of your selected essay.