# CATECHETICAL GUIDELINES FOR TEACHING RELIGION

# **KINDERGARTEN – GRADE 12**

Roman Catholic Church Diocese of Honolulu 2018

# CATECHETICAL GUIDELINES FOR TEACHING RELIGION Kindergarten – Grade 12

# Roman Catholic Church Diocese of Honolulu

2018

Most Reverend Clarence (Larry) Silva Bishop Diocese of Honolulu

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# POMAN CATHOLIC CHURCH IN THE STATE OF HAWAII DIOCESE OF HONOLULU WITNESS TO, JESUS

March 27, 2018

Dear Catechetical Leader,

Peace be with you!

I am pleased to present to you these *Catechetical Guidelines for Teaching Religion - Kindergarten - Grade 12*. I am grateful to Jayne Mondoy, Director of Religious Education and Faith Formation of the Diocese of Honolulu, and her team for their diligent and loving work in preparing these *Guidelines*. And I am grateful to you for offering to share your faith with our children and youth!

It is my fervent hope that all who come under your care may know Jesus Christ as a living person who continues his presence among us in the Church and who continues his ministries through the members of his Body. We come to know a person by learning *about* that person, but we come to love a person by knowing the person ourselves. Therefore, your ministry is not simply to impart information or doctrines, but to let those teachings be experienced as a means to know Jesus more fully. With this kind of knowledge and love, our children and youth will be sent forth, better equipped to share the Good News with others.

One of the most effective ways to learn something is to know you must teach it to someone else. It is important, therefore, to let your students know that, even in their younger years, they are called to share with others the love of God experienced through Jesus. You are privileged instruments of equipping them to be stewards of the Gospel themselves, and we pray the inspiration of the Holy Spirit for you in the work you have so lovingly assumed. May it bear much good fruit for generations to come!

Sincerely yours in Christ,

+ Zarry Silva

Most Reverend Larry Silva

Bishop of Honolulu

Saint John Paul II in the apostolic exhortation *Catechesi Tradendae* proposes the following description of the ministry of catechesis/religious education:

"Quite early on, the name *catechesis* was given to the totality of the Church's efforts to make disciples, to help men believe that Jesus is the Son of God so that believing they might have life in his name, and to educate and instruct them in this life, thus building up the body of Christ."

"Catechesis is an education in the faith of children, young people, and adults which includes especially the teaching of Christian doctrine imparted, generally speaking, in an organic and systematic way, with a view to initiating the hearers into the fullness of Christian life." (CT, nos. 1, 2,18)

These catechetical guidelines provide an "organic and systematic" guide for catechesis. They are statements of expectations that drive local curriculum decisions such as textbook selection (using the *Conformity List of Catechetical Texts and Series* of the United States Conference for Catholic Bishops), liturgy education, family life, and other teaching resources.

Unique to these guidelines are appendices which outline the catechetical expectations for students preparing to complete their Sacraments of Initiation. Parish and school programs are to be closely coordinated and conducted in conjunction with one another to ensure proper catechetical preparation while safeguarding and supporting participation of the student in his or her proper parish.

Based on sacred Scripture, sacred Doctrine and sacred Tradition of the Catholic Church, the guidelines provide for and encourage the development of a curriculum filled with authentic experiences of faith that encourage conversion to Christ and life-long discipleship.

We are grateful to the Diocese of Honolulu's parish catechetical leaders and school administrators and faculty for their contributions to these guidelines and to the Diocese of Phoenix, an integral partner in this project, for their participation and guidance.

May we continue to bear witness to our commitment to proclaim the Gospel!

Jayne Mondoy, M.A. Director Office of Religious Education Michael Rockers, Ed.D Superintendent Hawaii Catholic Schools

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Go, therefore, and make disciples of all nations, baptizing them in the name of the Father, and of the Son, and of the Holy Spirit, teaching them to observe all that I have commanded you. And behold, I am with you always, until the end of the age.

(Mt 28: 19 - 20)

#### CATHOLIC IDENTITY OF THE SCHOOL

Western Catholic Educational Association (WCEA)\*

The School is Catholic, approved by the local Ordinary (Canon 803), providing authentic Catholic teaching, opportunities for community worship and participation in the Sacraments, and promoting evangelization and service to the community.

#### The Indicators are:

- A Mission Statement and a Philosophy Statement which indicate the integration of the Roman Catholic Faith into all aspects of school life.
- Provision of regular opportunities for the school community to experience prayer and the Sacraments.
- A Religion curriculum and instruction that is faithful to Roman Catholic Church teachings and meets the requirements set forth by the USCCB.
- The local Ordinary approves those who teach the Catholic Faith (Cannon 805) and their formation for catechetical and instructional competence is ongoing.
- Maintenance of an active partnership with parents whose fundamental concern is the spiritual and academic education of their children. (Cannon 796)
- A service-oriented outreach to Church and the civic community after the example of Jesus Christ who said, "I have given you an example so that you may copy what I have done to you." (John 13:15)
- The use of signs, sacramentals, traditions, and rituals of the Roman Catholic Church.
- All school personnel are actively engaged in bringing the Good News of Jesus into the total educational experience.

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<sup>\*</sup>source: www.westwcea.org (Factor 1: The Catholic Identity of the School)

#### INTRODUCTION

The Catechetical Guidelines for teaching religion are organized to be in alignment with the Catechism of the Catholic Church. They are intended to give direction to teachers/catechists in planning their lessons and guidance for administrators in enriching the curriculum and providing needed professional development.

The textbook and supplemental materials are tools to teach and enhance the curriculum and should be used to support and achieve student outcomes. The teacher should be teaching to the outcomes, not the text. It is important to remember that the objectives in any grade level **build on previous grades,** increasing in complexity, density, and specificity as students advance from one grade to the next.

All religion textbooks used in the Catholic parishes and schools in the Diocese of Honolulu <u>must</u> be in conformity with the Catechism of the Catholic Church and appear on the Conformity Listing of Catechetical Texts and Series published by the United States Catholic Conference of Bishops Committee on Catechesis.

This content for grades kindergarten through twelve is organized into six major sections:

- The Content Theme identifies the grade level theme for the year.
- The **Instructional Focus** outlines general objectives.
- The **Student Performance Outcomes** delineate what students should know and be able to do as a result of religion instruction.

Reference has been made to sections of the Catechism of the Catholic Church. These are intended to offer theological background for the teacher and are not meant to be all-inclusive, but rather give the teacher a point of reference. It is highly recommended that teachers familiarize themselves with the Catechism references as background information before planning their religion program for the year.

The five sections of the Student Performance Outcomes are:

- A. Profession of Faith (Creed-What We Believe)
- B. Celebration of Christian Mystery (Sacraments/Liturgy-How We Celebrate)
- C. Life in Christ (Christian Living-How We Live)
  - √ Family Life
  - ✓ Social Justice and Stewardship
- D. Christian Prayer (How We Pray)
- E. Safe Environment

- The Key Scripture References are suggestions for scriptures that relate to the content of the grade level. These, and other Scripture passages, should be used whenever possible in classroom instruction as appropriate to age and grade level.
- The Key Vocabulary are terms to be introduced at the grade level.
- The Activities for Assisting with Assessment are meant to be suggestions for possible activities to help determine student mastery of the outcomes. They are not required activities, but rather examples of possible approaches to take to assess student outcomes. Teachers are encouraged to use a variety of assessment tools and techniques. It is the expectation that teachers and faculties, with a focus on Christian discipleship, will design assessments which incorporate a variety of questioning strategies and challenge students at the knowledge, comprehension, and application levels as well as higher levels of thinking to include synthesis, analysis, and evaluation.

The following are provided in the Appendix:

- ✓ Prayers, Devotions and Practices to be learned and used at each grade level are identified. Although prayers are introduced and mastered at certain grade levels, it is expected that these prayers will continue to be reinforced in every grade level thereafter.
- ✓ Catechetical References
- ✓ Catechesis for Original Order of the Sacraments of Initiation (grades 3 12)
- ✓ Additional Catechesis on the Sacraments

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE – KINDERGARTEN

#### **CONTENT THEME/STRAND**

We celebrate God's abundant love and develop a personal relationship with Him.

## **INSTRUCTIONAL FOCUS**

- To recognize that God the Father is the creator of all things
- To recognize we are all members of God's family
- To celebrate and enjoy God's creation
- To experience God through our relationships with others
- To come to know that Jesus is both God and man
- To come to understand that Jesus is the Light of the World
- To foster greater participation in the liturgy

#### STUDENT PERFORMANCE OUTCOMES

#### K-A. Profession of Faith (Creed – What We Believe)

STUDENTS WILL		1	Catechism of the Catholic Church
1.	Value God's creation as good		299, 341, 353
2.	Develop respect for all God's creation		258–59
3.	Recognize that Jesus is the Son of God		487-507
4.	Identify Jesus as an historical figure from the Land of Israel		551-53
5.	Celebrate the Church as the family of Jesus		777-78, 864
6.	Identify Mary as a historical figure and the mother of Jesus		487-507
7.	Recognize that the Church honors Mary and the saints		828, 1172
8.	Develop an understanding of the work of the Holy Spirit through the infancy Narratives, Sacraments of Baptism, Confirmation, Holy Eucharist, and the Feast of Pentecost		2567, 711-12, 525

#### K-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STUD	STUDENTS WILL		Catechism of the Catholic Church
1.	Discover that they are members of God's family, called by name, through the gift of the Sacrament of Baptism		1267-68
2.	Be introduced to the Baptismal gifts:		
	Water – sign of new birth into the family of God		1238-39
	The Word – teaches and transforms		1236
	The Light – sign of Christ's risen life inside the baptized		1243
	<ul> <li>White Garment – sign of new person in Christ, free of original sin</li> </ul>		1243

**Celebration of Christian Mystery** (continued)

	<ul> <li>Oils – sign of strength given through the Holy Spirit</li> </ul>	1237,1241
	<ul> <li>Sign of the Cross – outward sign symbolizing the baptized belongs to Christ</li> </ul>	1235
3.	Identify the Eucharist as the true Body and Blood of Jesus that He shared at the Last Supper	610-611, 621, 1323
4.	Be introduced to the origin of the church beginning with Christ at the Last Supper	610-11
5.	Recognize the hierarchy of the church with the Pope as leader	85-90, 100
6.	Recognize the priest as a particular member of the Good Shepherd's flock who calls the Holy Spirit to change the bread and wine at Mass	1548, 1552
7.	Recognize, reflect upon, and practice the primary prayer gestures of the Mass: Lavabo, epiclesis, Offering, Sign of Peace, and genuflection	2304, 1105, 1338, 1353, 1354
8.	Be instructed and reminded to attend weekly Sunday Mass	2177-79
9.	Review Liturgical Seasons through work with liturgical colors and liturgical calendar. (Purple for preparing and waiting, White for celebrating the great feasts of Jesus, Green for growing in our love of the Lord, Red for much love and feasts of the Holy Spirit)	
10.	Be introduced to the sacred articles used at Mass and the Vestments worn by the priest:	1182-84

# K-C. Life in Christ (Christian Living – How We Live)

STUDENTS WILL		<b>/</b>	Catechism of the Catholic Church
<b>Family</b>	<u>Life</u>		
1.	Recognize that each person's body is a "Temple of the Holy Spirit"		1265

Family Life (continued)

2.	Recognize that Jesus loves them and calls them by name	
3.	Recognize that it is God who gives life and who gives growth, as seen in their bodies and in the gifts of creation. (See Parables of the Kingdom: The Mustard Seed, The Pearl, The Grain of Wheat).	541-46

Social Justice/Stewardship		
4.	Participate in Christian Service Projects	952-53
5.	Identify that God's family includes all people: their family, class, neighborhood, parish, and world.	2202, 2204, 2205

# K-D. Christian Prayer (Prayer – How We Pray)

STUDE	STUDENTS WILL		Catechism of the Catholic Church
1.	Listen and respond to Scripture		2653-2654
2.	Begin to recognize that the Holy Bible contains the sacred history of God and His people		97-105
3.	Experience prayer as communication with God		2562, 2564-5, 2601-07
4.	Begin to learn and pray the prayers as outlined in the Prayers and Devotions section (Appendix I)		2607, 2688
5.	Participate in a variety of prayer forms: spontaneous prayer, silent prayer, songs and sign language, dance, and formal prayer.		2644, 2660, 2721

**K-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="www.catholichawaii.org">www.catholichawaii.org</a>.

## **KEY SCRIPTURE REFERENCES**

Isaiah 9:1	Prophecy of the Light
Isaiah 7:14	Prophecy of the Mother
Isaiah 9:5	Prophecy of Names
Psalm 23:1-3	The Lord is my Shepherd
Luke 1:1-38	Annunciation
Luke 1:39-56	Visitation
Luke 2:1-20	Birth of Christ and the Adoration of the Shepherds
Matthew 2:1-12	Adoration of the Magi
Matthew 12:31-32	The Kingdom and the Mustard Seed
Matthew 13:33	The Kingdom and the Leaven
Matthew 13:44-46	The Kingdom and the Pearl of Great Price
John 10:2-5,14-16	The Good Shepherd
Luke 18:15-17	Jesus and the Children
Matthew 28:1-8	The Empty Tomb
Acts 2:1-11	Pentecost

#### KEY VOCABULARY

Advent church love

All Saints/Souls Day cross/crucifix liturgical season/year

(feasts)EasterMassBaptismfastingprayerBibleforgivenesspriest/pastorCatholicGodsaints

Catholic God
Christian heaven
Christmas Lent

# SAMPLE ACTIVITIES TO ASSIST WITH THE ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

- Use the liturgical colors to make a collage
- Participate in a church tour focusing on holy water font, Sign of the Cross, crucifix, Tabernacle, sanctuary lamp, genuflection, altar and articles of the altar. Other observations could include Stations of the Cross, Mary and saint statues, and baptistery.
- Draw a picture of something the child noticed in the church tour.
- To teach nomenclature of sacred articles used at Mass, use resources available on the computer and Catholic bookstores including Catholic clipart, coloring books, word/picture cards and charts. Small household items such as a wine glass, salad dressing cruets, bowl and cream pitchers, as well as a small Bible and crucifix can be used by children to demonstrate appropriate uses in liturgy.
- Observe children making the Sign of the Cross and genuflecting.
- Observe children as they participate in creating and changing a classroom prayer space. Suggestions for prayer space may include: banners and/or cloth that indicate appropriate liturgical colors or seasons, Advent wreath, Nativity set, flannel board Bible stories, May altar, books and holy cards.

Prayers, Devotions, and Practices – See Appendix I

Catechetical References - See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE ONE

#### **CONTENT THEME/STRAND**

You should love the Lord, your God, with all your heart, with all your being, with all your strength, and with all your mind; and your neighbor as yourself.

#### **INSTRUCTIONAL FOCUS**

- To realize that God communicates with God's people through the Bible
- To recognize that each person belongs to many groups: family, parish, school, neighborhood, etc.
- To worship together through prayer and liturgy
- To demonstrate that every person deserves love, care, and respect

#### STUDENT PERFORMANCE OUTCOMES

#### 1-A. Profession of Faith (Creed – What We Believe)

STU	DENTS WILL	1	Catechism of the Catholic Church
1.	Understand that God is the creator of the world		216, 295
2.	Recognize that the world God made is good		198, 280, 338, 340
3.	Know that God created the human person in the image of Himself		341, 347
4.	Realize that we are all children of God		2202, 2203
5.	Know that God gave the gift of Himself through the gift of His Son, Jesus		619, 624-30
6.	know that Jesus is the Son of God		443, 464-69
7.	Know that Jesus was born of Mary		724
8.	Know that the history of Jesus is in the New Testament of the Holy Bible		
9.	Identify that there are three persons in the true and living God		684, 732, 691
10.	Develop an understanding of the work of the Holy Spirit through the Infancy Narratives, Sacraments of Baptism and Eucharist and the Feast of Pentecost		437, 830, 1076, 1215, 1266, 1287, 1325, 1333, 1358
11.	Celebrate the lives of the saints and particularly Mary as the Mother of Jesus and our Spiritual Mother		723, 829, 1717
12.	Be introduced to the history of Salvation through the three Significant moments: Creation, Redemption, and Parousia.		198, 280, 571, 601

#### 1-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STI	JDENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Celebrate that they are members of God's family called by name, through the gift of the Sacrament of Baptism		2232-33

**Celebration of Christian Mystery** (continued)

<u> </u>	(continued)	
2.	Recognize that Christ is always present in the Church, His family, especially in the sacraments, which are the times we receive God's life	1113-21
3.	Recognize the sacrament of Baptism as the gateway to all the other sacraments	1267, 1268
4.	Name the Baptismal gifts:	
	Water – sign of new birth into the family of God	1238-39
	The Word – teaches and transforms	1236
	The Light – sign of Christ's risen life inside the baptized	1243
	White Garment – sign of a new person in Christ, free of original sin	1243
	<ul> <li>Oils – sign of strength given through the Holy Spirit</li> </ul>	1237, 1241
	<ul> <li>Sign of the Cross – outward sign symbolizing the baptized belongs to Christ</li> </ul>	1235
5.	Be introduced to the seven Sacraments as gifts from Jesus to give the grace of the Holy Spirit. (Baptism, Confirmation, Eucharist, Penance, Anointing of the Sick, Holy Orders, and Matrimony)	1210-11
6.	Understand that Jesus promises to be with us always, and calls us to be with Him particularly through the sacrifice of the Holy Mass	1373
7.	Be introduced to the two main parts of the Mass: Liturgy of the Word and Liturgy of the Eucharist	1346
8.	Participate appropriately in liturgies	595, 623, 529-30, 971
9.	Name the liturgical seasons and colors: Advent, Christmas Ordinary Time, Lent, and Easter (Purple for preparing and waiting, White for celebrating the great feasts of Jesus, Green for growing in our love of the lord, Red for much love and feasts of the Holy Spirit).	1163

# 1-C. Life in Christ (Christian Living – How We Live)

STUI	DENTS WILL	1	Catechism of the Catholic Church
Fami	Family Life		
1.	Recognize that Jesus teaches through parables and by examples		546
2.	Recognize that the Holy Spirit guides us		688
3.	Recognize that love is the core of family life		
4.	Value their unique role in their family		2201-03, 2232-33
5.	Recognize that it is God who gives life and who gives growth, as seen in their bodies and in the gifts of creation		1706-16
6.	Be introduced to the summary of God's commandments and explore how to use these teachings in their daily choices (Law of Love/the Great Commandment)		
7.	Explore and celebrate friendships		1829
8.	Recognize that life is a precious gift from God		1699, 2258, 2415

**Social Justice/Stewardship** 

9.	Recognize that each person's body is a "Temple of the Holy Spirit"	1265
10.	Recognize that Christians treat themselves and others with respect	1931-32
11.	Participate in Christian Service Projects, developing empathy for those in need.	1716-24

#### 1-D. Christian Prayer (Prayer – How We Pray)

STU	STUDENTS WILL		Catechism of the Catholic Church
1.	Listen and respond to Scripture		2613
2.	Begin to recognize that the Holy Bible contains the sacred history of God, His people and the language of prayer		2591
3.	Experience prayer as communication with God		2564-67, 2601-07
4.	Begin to learn and pray the prayers as outlined in the Prayers and Devotions section (Appendix I)		2617-19, 2700-04
5.	Participate in a variety of prayer forms: spontaneous prayer, silent prayer, songs and sign language, dance, and formal prayer.		2720-22

#### **1-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="https://www.catholichawaii.org">www.catholichawaii.org</a>.

#### KEY SCRIPTURE REFERENCE/STORIES

Genesis 1:1	Crea	tion

Isaiah 9:1 Prophecy of Light
Isaiah 7:14 Prophecy of the Mother
Isaiah 9:5 Prophecy of Names
Micah 5:1-2 Prophecy of City
Numbers 24:17b Prophecy of the Star

Isaiah 11:1-2 Root of Jesse

Isaiah 11:6-9 Prophecy of the Peaceable Kingdom

Psalm 23:1-6 The Lord is my Shepherd

Luke 1:1-38 Annunciation
Luke 1:39-56 Visitation

Luke 2:7-14 Birth of Christ and the Adoration of the Shepherds

Luke 2:1-20 Adoration of the Magi Matthew 2:13-15, 19-23 The Flight into Egypt

Luke 10:25-28 The Greatest Commandment

Matthew 6:9-13 The Lord's Prayer

Matthew 12:31-32 The Kingdom and the Mustard Seed

Matthew 13:33 The Kingdom and the Leaven

Matthew 13:45-46 The Kingdom and the Pearl of Great Price Matthew 13:44 The Kingdom and the Hidden Treasure

John 10:2-5, 14-16 The Good Shepherd
Luke 15:4-7 The Found Sheep
Luke 18:15-17 Jesus and the Children
Matthew 28:1-8 The Empty Tomb

#### **Key Scripture References** (continued)

Acts 2:1-12 Pentecost

#### **Maxims of Jesus**

Luke 10:25-28 Summary of the Law

Matthew 5:42 Give to the one who asks of you, and do not turn your back on the

one who wants to borrow.

Matthew 7:12 Do to others whatever you would have them do to you.

Matthew 18:22 You should forgive not seven times, but seventy times seven.

Matthew 5:44a Love your enemies

#### KEY VOCABULARY

Act of Contrition genuflect Pope

altar Good Friday Resurrection
Amen Gospel Roman Catholic

angel grace rosary

Annunciation heaven Sacred/Sacrament

ashes holy Scripture
Baptism Kingdom of God sin

Creator Lord tabernacle

Eucharist/Thanksgiving parish font Pentecost

# SAMPLE ACTIVITIES TO ASSIST WITH THE ASSESSMENT OF STUDENTS MASTERY OF CONCEPTS

- Dress up as a favorite saint and give a speech on his/her life on All Saints Day.
- Using personal photos and family memories, make a collage of the day you were Baptized, integrating the gifts of baptism (water, light, the Word, white garment...)
- After listening to Holy Scripture, draw what it means to you.
- Make a booklet of parable pictures.
- Make a booklet of Infancy Narrative pictures.
- During Advent, copy and illustrate the Messianic Prophecies.
- Using teacher prepared line drawings of the sacred articles of the altar, color and label.
- Demonstrate the gestures of: the Sign of the Cross, genuflection, three crosses before the reading of the Gospel, Epiclesis, Offering, and Sign of Peace.

Prayers, Devotions, and Practices - See Appendix I

Catechetical References - See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE TWO

#### **CONTENT THEME/STRAND**

God shows His love through the gifts of Creation, His son Jesus, and the Holy Spirit.

#### **INSTRUCTIONAL FOCUS**

- To realize that God's gifts of creation bring with them a call for responsibility.
- To develop an understanding that God sent Jesus to redeem the world.
- To understand the sacrament of Reconciliation and to celebrate God's forgiveness.
- To demonstrate knowledge and understanding of the sacraments of Reconciliation, Confirmation and Eucharist.
- To understand the Holy Spirit helps and guides us.

#### STUDENT PERFORMANCE OUTCOMES

#### 2-A. Profession of Faith (Creed – What We Believe)

STUI	STUDENTS WILL		Catechism of the Catholic Church
1.	Explain that God made us and always loves us		1423-42
2.	Discuss that God allows us to make choices		1730-56, 1783-89
3.	Recognize that Jesus is the Son of God and calls God Father		142, 441-45
4.	Recognize that Jesus is our brother and friend who came into the world to save us		
5.	Recognize that Jesus died and rose from the dead to give us new life		638-55
6.	Discuss the work of the Holy Spirit in the life of the Church and their lives		729
7.	Invite the Holy Spirit to be their helper and guide		
8.	Identify the Holy Bible as our Sacred History book made up of many books which are divided into two parts: Old Testament and New Testament		120
9.	Recognize that the life of Christ is found in the Gospels of the New Testament		
10.	Locate and read passages in the Bible		
11.	Understand that God alone judges who will go to heaven or to hell		1021-1022
12.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell		1023-1037
13.	Celebrate the life of Mary as the mother of Jesus and our spiritual mother.		

# 2-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STU	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Know that Catholics must attend Mass on Sundays, holy days obligation, and to take a day of rest on Sundays		2042
2.	Experience Advent as a time of preparation for Christmas		1163-73
3.	Experience Christmas as the message of God's love		525
4.	Experience Lent as a time of prayer, fasting and almsgiving		1163-73
5.	Recognize that Lent is a time of preparation for Holy Week and Easter		1163-73
6.	Participate in Holy Week services		1163-73
7.	Celebrate the Easter Season, which culminates with the Feast of Pentecost, as a time for great happiness when the Holy Spirit comes upon the apostles		638
8.	Recognize that feast days help us celebrate special members of God's family (Communion of Saints)		1717, 2030
9.	Recognize and celebrate the rituals associated with special feast days, i.e. blessing of the throats on St. Blaise day, sharing of small gifts on St. Nicholas Day, blessing of the animals on St. Francis of Assisi Day		
10.	Experience and participate in a variety of Marian devotions.		971, 2678, 2708

STUI	DENTS WILL	1	Catechism of the Catholic Church
Euch	Eucharist		
11.	Recognize that the Eucharist connects us to the Church and the Body of Christ		1396-1401
12.	Recognize that the Sunday celebration of the Lord's Day and his Eucharist is at the heart of the Church's life		1324-1327
13.	Explain that Jesus acts through the priest who consecrates the bread and wine at Mass		1410-1411
14.	Recognize that bread and wine are changed into the Body and Blood of Jesus. This is called transubstantiation		1339, 1373-1381
15.	Explain that the Eucharist helps us to be good persons who help those in need		1397, 1393-1395
16.	Recognize that the Eucharist is a remembrance of Jesus' death and resurrection		1341-1344, 1362- 1372
17.	Learn the Rites and prayers of the Mass.		

STUDENTS WILL		<b>/</b>	Catechism of the Catholic Church
Reco	onciliation/Confession		
18.	Show Jesus' forgiveness and healing through reconciliation		1423
19.	Define venial and mortal sin and understand the		1440-1472
	consequences of sin		1440-1472
20.	State that we are welcomed back to God's family when we		1455
	ask for forgiveness through reconciliation		1400

**Reconciliation/Confession** (continued)

21.	Learn the symbols and Rite of Reconciliation and that the bishop and priests are ministers of the sacrament	1461
22.	Use the Ten Commandments as a guide for the examination of conscience	1461
23.	Research and share the lives of the saints.	2683

STU	DENTS WILL	Catechism of the Catholic Church	
Con	firmation		
24.	Examine the lives of saints (especially Saints Damien De Veuster and Marianne Cope) and discuss ways to be more like them	2684	
25.	Recognize that in Confirmation the Holy Spirit confirms and strengthens the grace we receive in baptism	1289	
26.	Listen and discuss the story of Pentecost	1278, 1302-03	
27.	Name the Gifts/Fruits of the Holy Spirit	1299, 1830, 1832	
28.	Understand the essential elements of the Confirmation: laying-on of hands, anointing with chrism and the words of the formula	1303-10	
29.	Recognize that Confirmation strengthens the bond with the Church and its mission	1285, 1288-89, 1293-94	
30.	Identify the symbols, minister of, and parts of the Rite of Confirmation	1288, 1293-94, 1312-13	
31.	Identify the hierarchy of the Church; pope as leader, bishop as head of Diocese, pastor as head of parish	1312-13	
32.	Explain baptismal promises and, if baptized as an infant, renew the promises made at baptism and express a desire to be confirmed.	1306-10	

# 2-C. Life in Christ (Christian Living – How We Live)

STU	STUDENTS WILL		Catechism of the Catholic Church
Fam	ily Life		
1.	Demonstrate ways to share the Good News with others		
2.	Describe some behaviors that reflect a disciple of Jesus		
3.	Demonstrate behavior as stated in the Ten Commandments		1858
4.	Demonstrate conflict resolution skills		1730-48
5.	Share their personal gifts with others		1928-48
6.	Reflect upon the gifts of creation as gifts from God.		293-294, 319

Soci	al Justice/Stewardship	
7.	Respond to God's word by doing what Jesus asks	716-24, 1964-74
8.	Recognize that others help us make choices through the	1742
	grace of the Holy Spirit	
9.	Discuss that when we make mistakes God is all merciful and forgives us when we're sorry	1434-67

Social Justice/Stewardship (continued)

10.	Participate in the Sacrament of Reconciliation to make amends with God and others for our wrong choices	1846-1848
11.	Recognize that they belong to a parish community	1877-1880
12.	Recognize that many communities make up the world	1882
13.	Explain that we have a Christian responsibility to help others in need and participate in service projects.	1913-1917

#### 2-D. Christian Prayer (Prayer – How We Pray)

STU	DENTS WILL	1	Catechism of the Catholic Church
1.	Listen and respond to Scripture		2613
2.	Begin to recognize that the Holy Bible contains the sacred history of God, His people, and the language of prayer		2591
3.	Experience prayer as communication with God		2562-65
4.	Begin to learn and pray the prayers as outlined in the Prayers and Devotions sections (Appendix I)		2773-76
5.	Participate in a variety of prayer forms; spontaneous prayer, silent prayer, songs and sign language, dance, and formal prayer		2720-22
6.	Recognize the Our Father as a prayer Jesus taught us to forgive one another and to ask God for forgiveness.		

#### **2-E.** Safe Environment – Refer to the Office of Safe Environment at www.catholichawaii.org.

#### KEY SCRIPTURE REFERENCE/STORIES

Genesis 1:1	Creation
Isaiah 11:1-2	Root of Jesse
Isaiah 11:6-9	Prophecy of the Peaceable Kingdom
Da alica 00.4 0	The Level is you. Chambered

Psalm 23:1-6 The Lord is my Shepherd

Luke 1:1-38 Annunciation
Luke 1:39-56 Visitation

Luke 2:7-14 Birth of Christ and the Adoration of the Shepherds

Luke 2:1-20 Adoration of the Magi Matthew 2:13-15, 19-23 The Flight into Egypt Matthew 3:13-17 The Baptism of Jesus

Mark 1: 9-11 Luke 3: 21-22

Luke 10:25-28 The Greatest Commandment

Matthew 6:9-13 The Lord's Prayer Luke 22:7-20 The Last Supper

Matthew 12:31-32 The Kingdom and the Mustard Seed

Matthew 13:33 The Kingdom and the Leaven

Matthew 13:45-46 The Kingdom and the Pearl of Great Price Matt 13:44 The Kingdom and the Hidden Treasure

John 10:2-5, 14-16 The Good Shepherd Luke 15:4-7 The Found Sheep Luke 15:11-24 The Prodigal Son John 15:1-17 The True Vine

Luke 18:15-17 Jesus and the Children Matt 28:1-8 The Empty Tomb

Acts 2:1-12 Pentecost

#### KEY VOCABULARY

absolution Diocese reverence

anointing faith Sacraments of Initiation
apostolic fasting (Baptism, Confirmation,
baptismal font Gifts of the Holy Spirit Eucharist/Holy Communion)
bishop Godparents Sacraments of Healing
Blessed Sacrament heaven (Penance/Reconciliation,

Chrism hell Anointing of the Sick)
conscience incense sacrifice
consecration judge sin
confess/confession Last Supper sponsor
/Reconciliation Liturgy of the Eucharist temptation

Confirmation Liturgy of the Word Ten Commandments covenant New Testament transubstantiation

Creatororiginal sinTriduumcontritionPassovervenial sincreedpurgatoryvirtue

deacon Resurrection

# SAMPLE ACTIVITES TO ASSIST WITH THE ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

- Research, write, and illustrate one gift of God's creation.
- Create and maintain a family prayer journal throughout the year as the students prepare for the Sacraments of Confirmation/First Holy Communion and during the period of Mystagogy.
- Following the prayers and gestures of the Holy Mass, children can make their own missal booklet.
- Using teacher-prepared picture and definition cards, the child can sequence the Rites of Reconciliation or Confirmation/Eucharist.
- After listening to Holy Scripture, children can illustrate their understandings.
- Dramatize the Parable of the Prodigal Son emphasizing the forgiving father as God, our Father, and the son as ourselves.
- Compose individual or group prayer of apology.
- Recite and explain meaning of the Act of Contrition.
- In preparation for First Reconciliation write an individual or group apology to God.

Prayers, Devotions, and Practices - See Appendix I

Catechetical References - See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE THREE

#### **CONTENT THEME/STRAND**

Through the study of the Catholic faith and the Gospel message students will celebrate God's love, develop a personal relationship with Him, and become active members of the Catholic Community.

#### **INSTRUCTIONAL FOCUS**

- To develop knowledge of God the Father, Jesus, the Holy Spirit, Mary and the saints through traditions, doctrine and Scripture.
- To demonstrate understanding of the Church as a Catholic community with rites and rules.
- To develop a Christian response to social concerns
- To re-inforce knowledge and understanding of the sacraments of Baptism, Reconciliation, and Eucharist.

#### STUDENT PERFORMANCE OUTCOMES

#### 3-A. Profession of Faith (Creed – What We Believe)

STUI	DENTS WILL	/	Catechism of the Catholic Church
1.	Identify_God as loving and merciful Father and Creator		199, 232, 210
2.	Recognize Jesus as Redeemer, Savior, and Friend		423, 430
3.	Recognize God in three persons as the Trinity: God the Father, God the Son, and God the Holy Spirit		
4.	Recite and share with others important events in the life of Jesus found in the Gospels of the New Testament		422-50
5.	Identify Mary as the Mother of God and the patroness of the Americas (Our Lady of Guadalupe)		969
6.	Describe the role of Mary as model of obedience and prayer		971
7.	Explain the important events in the life of Mary; Annunciation, Immaculate Conception, and Assumption		
8.	Identify saints as holy people committing their lives to Jesus		957
9.	Recognize the church as a community of God's people		790-91
10.	Recite the church beliefs that are stated in the Apostles' Creed and the Nicene Creed (consubstantial)		194-95
11.	Participate in Catholic Church worship through sacraments, liturgy, paraliturgies, and prayer		752
12.	Examine the Bible as God's word		135, 124, 131
13.	Locate and read scripture passages from the Bible		135, 124, 131
14.	Identify the four Evangelists and their written works.		425, 858
15.	Understand that God alone judges who will go to heaven or to hell		1021-1022
16.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell		1023-1037

# 3-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STUE	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Recall sacraments as celebrations of Jesus' love and signs of His presence		1088, 1118
2.	Recall that through the Eucharist we experience Jesus' presence in a particular way		1350-55
3.	Recall that the Eucharist was given to us at the Last Supper by Jesus		1323
4.	Define the Eucharist as a sacrament of thanksgiving		1328, 1358-60
5.	Recognize and celebrate Sunday as the Lord's Day when His family gathers to worship and pray as a community of believers		2042
6.	Plan and participate in liturgies, and Stations of the Cross		1140-44
7.	Identify the two parts of the liturgy: Liturgy of the Word and Liturgy of the Eucharist		1346
8.	Participate in reciting the basic responses and prayers used during the Mass		1348
9.	Plan and participate in liturgies		1143, 1145
10.	Identify the parts of the Mass and important articles		1162
11.	Identify the seasons of the church year, the feast days and their importance		1163-78
12.	Name and participate in the Stations of the Cross.		1438

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# 3-C. Life in Christ (Christian Living – How We Live)

STUDENTS WILL		<b>/</b>	Catechism of the Catholic Church
Fam	ily Life		
1.	Recognize the dignity of all people		2208
2.	Recognize the right to life		2258
3.	Recognize human relationships as being built out of respect and love for self and others		2377
4.	Recognize ways we do not respect others		1970
5.	Share specific rules and laws that promote health, safety, and wellness		2288, 2273
6.	State the joy of belonging to a family and identify the problems of family life		1657, 1666
7.	Recognize love as the core of family life.		2008

Socia	al Justice/Stewardship	
8.	Explain their personal references to Jesus' call to be Christian throughout the Christian scriptures	1758
9.	Identify the Church as a community of believers, founded by Christ, with chosen leaders	2045

Social Justice/Stewardship (continued)

10.	Demonstrate Christian behavior as stated in the Ten Commandments	2073
11.	Apply the Works of Mercy to daily life	2447
12.	Use a Christian response by following Jesus' word and example	2045
13.	Demonstrate Christ-like behavior (Being truthful, honest, helpful, forgiving, sacrificing, and peaceful)	2046
14.	Show gratitude for being created unique and for being Christian, especially for all of God's blessings	2005
15.	Recognize the authority of God and parents in one's life	2197, 2199
16.	Identify persons with authority (i.e. parents)	2196, 2199
17.	Identify the Christian lifestyle as one that values honesty, self-discipline, respect for life, rights, and property	2093
18.	Show concern for the hungry, poor, those treated unjustly, victims of violence, and the less able	1970
19.	Recognize and state actions, situations, behaviors, and attitudes which are not Christian or violate human freedom	1758
20.	Identify causes and effects of hunger in the world	2437-42
21.	Recognize the dignity of all people	2437-42
	Recognize Saints Damien De Veuster and Marianne Cope	
22.	as persons who demonstrated the need to become lifelong	
	stewards who gratefully share the gifts of time, talent, and	
<u> </u>	treasure.	

# 3-D. Christian Prayer (Prayer – How We Pray)

STUI	DENTS WILL	1	Catechism of the Catholic Church
1.	Listen and respond to Scripture		969, 971
2.	Experience prayer as communication with God		2613
3.	Participate in a variety of Marian devotions (i.e. Rosary)		2562, 2565
4.	Begin to learn and pray the prayers as outlined in the Prayers and Practices section (Appendix I)		2697-99
5.	Participate in a variety of prayer forms; spontaneous prayer, silent prayer, songs and sign language, dance, and formal prayer.		2720-22

# **3-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="www.catholichawaii.org">www.catholichawaii.org</a>.

## KEY SCRIPTURE REFERENCES/STORIES

John 14:9-10,26	Jesus Reveals the Father, Son and Holy Spirit
John 3:16	Jesus is Sent by the Father
Acts 2:1-13	Pentecost
John 19:26-27	Mary as our Mother
John 15:1-12	I am the Vine
Luke 15:11-32	Prodigal Son
Luke 22:14-20	Last Supper
John 2:1-11	Wedding at Cana

#### KEY SCRIPTURE REFERENCE/STORIES (continued)

John 6:1-13 Jesus Feeds Five Thousand

John 6:25-58 Bread of Life

Matthew 28:18-20 Commissioning of the Apostles

Luke 6:12-16 Calling of the Apostles

Luke 16:18-20 Peter as Leader

Mark 10:17-25 Rich Man

Luke 10:29-37 Good Samaritan
Luke 15:1-7 Lost Sheep
Luke 19:1-10 Zacchaeus

Exodus 20:1-17 The Ten Commandments
John 13:34-35 The New Commandment

Matthew 5:1-12 Sermon on the Mount/Beatitudes

Mark 14:32-38 Jesus Tells us to Pray Matthew 6:9-13 The Lord's Prayer

Thessalonians 5:17 Pray always

#### KEY VOCABULARY

apostolic succession Holy Father purgatory
Ascension hope racism

bishop Incarnation Redeemer/redemption
Cardinal justice/peace religious life/orders
Communion of Saints laity Sacraments of Service
conscience lectionary (Matrimony, Holy Orders)

deacon mortal sin sacrifice disciple Paschal/Mystery Savior

discrimination parable Sermon on the Mount

Epistle pope stewardship grace priest vocation hierarchy prejudice volunteer Holy Days of Obligation Psalm stewardship vocation vocation works of mercy

# SAMPLE ACTIVITIES TO ASSIST WITH THE ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

- This activity could be used to assist in assessing outcomes in the Profession of Faith (Creed – What We Believe)
  - Students will act out and discuss the significance of a parable using today's social situations.
- These activities could be used to assist in assessing outcomes in Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)
  - o Students will plan and participate in a student "Last Supper".
  - Students will plan and present a play which focuses on the Ten Commandments and their role in the life of a child.
- This activity could be used to assist in assessing outcomes for Life in Christ (Christian Living – How We Live) (Social Justice/Stewardship)

- Students will use current events to identify situations that show the Works of Mercy in action and where the infusion of the Works of Mercy would improve a negative situation.
- Students and their families will identify ways that show the Gifts of the Holy Spirit at work in their lives.

Prayers, Devotions, and Practices - See Appendix I

Catechetical References – See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE FOUR

#### **CONTENT THEME/STRAND**

All Christians are called to fidelity through the Commandments, Beatitudes, and Acts of Love and Service.

#### INSTRUCTIONAL FOCUS

- To develop moral responsibility
- To comprehend the sacraments as gifts
- To recognize the traditions and customs of Catholic Church

#### STUDENTS PERFORMACE OUTCOMES

#### 4-A. Profession of Faith (Creed – What We Believe)

STUI	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Share the meaning of being Catholic		830
2.	Describe the hierarchical design of Church leadership		874
3.	Demonstrate honor to Virgin Mary		971
4.	Describe how the Holy Spirit guides the Church		797
5.	Shares an appreciation of the Gifts of the Holy Spirit		768
6.	Identify the Precepts of the Church		
7.	Define God's gift of Grace in helping us become more faithful		153
8.	Recite the Apostles' Creed, Nicene Creed, and explain the Basic truths of our Church (apostolic tradition)		154-55
9.	Locate Scripture references in both the Old and New Testaments in the Bible		
10.	Recognizes and shares the Bible as the inspired Word of God.		105-07
11.	Understand that God alone judges who will go to heaven or to hell		1021-1022
12.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell		1023-1037

#### 4-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STU	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Justify that people can sin and God will always forgive if we repent		1441
2.	Define sin		1849-50
3.	Describe sacraments as special gifts of grace		2003
4.	Identify Jesus' call and follow Him through the sacraments		1373

**Celebration of Christian Mystery** (continued)

Celei	<u>bration of Christian Mystery</u> (Continued)	
5.	Demonstrate an appreciation for the gift of God's Son in the Eucharist and Confession (Reconciliation)	1436
6.	Participate in Jesus' love, forgiveness, and peace	1496
7.	Examine their consciences by reflecting on the choices they have made	1779
8.	Describe how Jesus shares Himself with us through His word and the Eucharist/Last Supper	1341
9.	Explain the belonging and unity experienced in the Eucharist	1391
10.	Participate in sacramental celebrations	1153
11.	Research and share the lives of the saints. Participate and identify the rituals associated with saints, i.e. throat blessing on St. Blaise day or the blessing of the animals on St. Francis' Day	2030
12.	Recognize the Holy Spirit as life giving through Confirmation	
13.	Explain the significance of Pentecost	1302, 1287
14.	Name/list Gifts/Fruits of the Holy Spirit	1299, 1830-32
15.	Name and identify parts of the liturgy	1163-78
16.	Identify and share an understanding of the liturgical seasons of the Church (Advent, Lent, Christmas, Easter, Pentecost)	
17.	Plan and participate in liturgies and paraliturgies	1146
18.	Recite and participate in Mass responses, prayers, gestures	
19.	Identify sacred articles and vestments of the Liturgy	
20.	Identify and explain the significance of holy days.	2177

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# 4-C. Life in Christ (Christian Living – How We Live)

STU	DENTS WILL	1	Catechism of the Catholic Church
Fam	ily Life		
1.	Form their conscience with guidance from faith to make moral decisions		1777-78
2.	Study and demonstrate steps in the moral decision-making		
	process		1799
3.	Identify circumstances requiring responsible moral decisions		1799
4.	Forgive others and be merciful		2839-40
5.	Show gratitude for the uniqueness of each individual		
6.	Examine the joy, love, and importance of rules in family life		2204
7.	List and explain specific rules and laws that promote health, safety, and wellness.		2288-91
Soci	Social Justice/Stewardship		
8.	Explore the concepts of consequences and conflict resolution		2206

Social Justice/Stewardship (continued)

9.	Cultivate the virtues of Faith, Hope, and Love	1812, 1814, 1817
10.	Demonstrate respect to all people with compassion and justice	1805-09
11.	Recognize and not participate in acts of prejudice, racism, and hateful discrimination against others	1837
12.	Identify and practice Corporal and Spiritual Works of Mercy	2447
13.	Reflect on the call to us to be disciples	1816
14.	Identify ways that Saint Damien De Veuster and Saint Marianne Cope cared for those in need	
15.	Study and practice concepts of stewardship in the church	1142
16.	Respect life at all stages, as a gift given freely by God	2258-2319
17.	Identify with Jesus' compassion toward the sick as they express compassion toward persons with serious illnesses.	1503

# 4-D. Christian Prayer (Prayer – How We Pray)

STUI	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Participate in the Rosary as a form of prayer		971
2.	Identify by reciting or writing the mysteries of the rosary		
3.	Listen and share scripture and passage from the Bible		2653-54
4.	Identify prayer as talking and listening to God		2558-2725
5.	Continue to learn and recite prayers listed in Grade K-3		2688
6.	Pray and meditate on the Stations of the Cross		2669
7.	Describe psalms as prayers and songs		2585-89
8.	Paraphrase prayers in their own words		2688
9.	Compose prayers and petitions		2629, 2697
10.	Participate in a variety of prayer forms, (gestures, movement, adoration, spontaneous, private, and communal prayers, and meditation etc.)		2702, 2705, 2709
11.	Demonstrate reverence while praying		2565
12.	Use the Bible as a book of instructions to act justly		117
13.	Memorize and write or recite the Ten Commandments and the Great Commandment		1716-1718
14.	Study and discuss the Beatitudes and how to apply them in life		1716-1724
15.	Identify the Ten Commandments in the Hebrew Scriptures as a way to live morally.		2072

## **4-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="www.catholichawaii.org">www.catholichawaii.org</a>.

## **KEY SCRIPTURE REFERENCE/STORIES**

Exodus 20:1-17	Ten Commandments
John 13:34-35	New Commandment
Matthew 5:1-12	Beatitudes
Luke 15:11-31	Prodigal Son

1 John 4:19-21 New Commandment

1 Corinthians 12:4-11 Spiritual Gifts 2 Corinthians 9:6-8 Stewardship

#### KEY VOCABULARY

Acts of Mercy intercede/intercession Psalms

Beatitudes morality Prayers of the Faithful

chosen peopleResurrectionprophetCorporal Works of MercysalvationpurgatorycovenantSpiritual Works of Mercyliturgy

discrimination Old Testament promised land hope New Testament sacramentals

**Sacraments** 

Baptism Gifts of the Holy Spirit sacramental

ConfessionLast Suppersacraments of healingConfirmationleavensacrament of initiationEucharistoriginal sinsanctifying grace

examination of conscience Penance sin

forgiveness Pentecost tabernacle free will Reconciliation temptation

Fruits of the Holy Spirit sacrament transubstantiation

**Liturgy Terms** 

albcorporalprayeraltar clothhomilypurificatorambolavaboRoman Missal

chant lectionary saint
chasuble Liturgy of the Eucharist sanctuary
ciborium Liturgy of the Word stole
cincture Mass tabernacle
cruets Ordinary Time worship

Confiteor Paschal candle

# SAMPLE ACTIVITIES TO ASSIST WITH ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

These activities could assist in assessing outcomes in Profession of Faith (Creed-What We Believe)

- Students will choose and draw the image of Mary (i.e., Our Lady of Peace, Our Lady of Guadalupe, Our Lady of Lourdes)
- Students will outline the beliefs represented in the Apostles' and Nicene Creeds
- Students will prepare an overhead on one aspect of the Creed with citations from the Bible (i.e., Genesis-creations story)

Prayers, Devotions, and Practices - See Appendix I

Catechetical References - See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE FIVE

#### **CONTENT THEME/STRAND**

Our Church celebrates what we believe in the Creed, the Sacraments, and the Liturgy

#### **INSTRUCTIONAL FOCUS**

- To read, interpret, and apply scripture to life
- To demonstrate the importance of sacraments, with an emphasis on the centrality of the Eucharist
- To respond to the call of the gospel through service to the community

#### STUDENT PERFORMANCE OUTCOMES

#### 5-A. Profession of Faith (Creed – What We Believe)

STUDENTS WILL		1	Catechism of the Catholic Church
1.	Identify that God rules by love		218-21
2.	Recognize God's purpose for us		210, 1604, 319, 380
3.	Recognize that Jesus nourishes us through the sacraments		
4.	Identify Jesus as the Son of God and as truly human		423, 454, 469-70
5.	Define and identify grace as the effect of God's presence		
6.	Identify faith as a human and divine relationship consisting of belief and trust in God		
7.	Recognize Jesus as the teacher and example of the new Commandment of Love.		
8.	Understand that God alone judges who will go to heaven or to hell		1021-1022
9.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell		1023-1037

#### 5-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STU	DENTS WILL	/	Catechism of the Catholic Church
1.	Identify the Church, founded by Christ, to be witness to the world		763
2.	Describe the hierarchical authority of the Church		768, 771, 886, 891
3.	Differentiate the various types of worship in the Catholic Church; i.e. Sacraments, Adoration, Rosary, Stations of the Cross, etc.		1069-74, 1174
4.	Explain the seasons of the liturgical year and their appropriate color, practices, customs and meanings		1163, 1168-69, 1171, 1194
5.	Correlate the sacramentals to the rites of the sacraments		1667
6.	Describe the parts of the Mass, rituals and their origins(apostolic tradition, ecclesial tradition)		1345-46

**Celebration of Christian Mystery** (continued)

7.	Explain the meanings of sacred symbols: i.e. vestments, colors, candles	1347, 1145-46, 118
8.	Plan and participate in liturgies and paraliturgical celebrations	1071, 1073
9.	Explain the Mass responses, prayers, gestures, and symbols	1154-56
10.	Identify and explain the uses of the sacred vessels, articles and vestments of Mass.	

Sacr	<u>aments</u>	<b>/</b>	Catechism of the Catholic Church
1.	Recognize that sacraments are encounters with the living Christ		775
2.	Identify how the sacramental life of the Church shows the reality of God living among us		775-776
3.	Give examples of each sacrament's origins from Scripture		1217-25
4.	Correlate the relationship of the sacraments of initiation, healing and service		1211
5.	Differentiate the difference between knowing the faith and living the faith		1814-15
6.	Explain and live a Christian life that is a life long journey to the Father, Son and the Holy Spirit		1697-98
7.	Interpret the meanings of the symbols, rituals, and prayers for each sacrament		Part 2, Sec. 2 Ch. 1-4
8.	Identify vocations as a call to the single, married, religious, or ordained life.		871, 944, 1579-80 1655-56

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# 5-C. Life in Christ (Christian Living – How We Live)

STUDENTS WILL		<b>/</b>	Catechism of the Catholic Church
Family Life			
1.	Explain how a moral life in Christ must connect faith as believed with faith as lived		2436
2.	List some of the challenges of marriage		
3.	List the effects of divorce		
4.	Recognize and understand the meaning and importance of family, nuclear, single parent, extended, step, etc.		2204-08
5.	Compare and contrast family customs with other cultures		
6.	Identify how the body changes through puberty		
7.	Recognize that life and our sexuality are gifts from God		2331-36
8.	Explain that sexual intercourse is an expression of committed love and sharing in God's power to create a new life		2367
9.	Identify abuses of one's self or others		
10.	Define the moral virtues and their effects and application to life		1804, 1839

Family Life (continued)

11	Apply the gospel attitudes toward the sick, disabled, aged, and dying	1905-08
12	Answer the call to help diminish the hunger and needs of third world countries	2447

Soci	al Justice	<b>/</b>	
13.	Discuss the attitude of the right to life from conception to natural death		2270-83
14.	Support and apply to one's life the Christian understanding of human freedom		1934
15.	Support the love of the weak and defenseless		1932
16.	Explain the importance of Christian faith in the formation of social policy		
17.	Practice an attitude of concern for the lives of the poor, weak, disabled, and the sick; as well as the action on their behalf		1932-37
18.	Explain that power, wealth, utility, and productivity must be subordinated to and guided by higher moral values		1942
19.	Recall the importance of Eucharist in the Church's mission in the world for social justice		
20.	Demonstrate a respect to all people with compassion and justice		1939-42
21.	Identify the effects of prejudice, discrimination and racism		1934-35

Stev	<u>vardship</u>	<b>/</b>	Catechism of the Catholic Church
22.	Explain the Corporal and Spiritual Works of Mercy		2447
23.	Describe what it means to be a missionary disciple of Christ		
24.	List the various types of ministries in the Church		
25.	Practice moral decision making in light of the Gospel		1957
26.	Define and apply stewardship to life.		

# 5-D. Christian Prayer (Prayer – How We Pray)

STU	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Locate Scripture references in the Bible, which is the inspired word of God by the Holy Spirit as Paraclete		105-07
2.	Utilize the Bible to inspire, inform and guide decisions		
3.	Know the various forms of prayer: spontaneous, private, formal, communal, gesture, movement, meditation, etc.		2700-19
4.	Memorize and recite all required age appropriate prayers		
5.	Understand that personal prayer is a conversation with God		2559
6.	Participate in journaling activities for prayer and reflection		
7.	Locate origins of prayers in the Scripture: e.g. Mary's prayers, Hail Mary		2613-14
8.	List and explain the mysteries in Scripture		109-19
9.	Recite the rosary		971

**Christian Prayer** (continued)

10.	Participate and understand the devotion of Eucharistic	1378-81
	Adoration.	

**5-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="www.catholichawaii.org">www.catholichawaii.org</a>.

### KEY SCRIPTURE REFERENCES/STORIES

Matthew 25:40 Service
Mark 29:29-31 Beatitudes

Deuteronomy 6:4-5 Great Law of Love

John 3:5 Baptism

Matthew 29:19 Galatians 3:27

Acts 2:1-4, 19:5-6 Confirmation Luke 22:14-20 Eucharist

John 6:51

Luke 20:22-23 Reconciliation

Luke 5:17-26 Luke 15:11-24

James 5:14-15 Anointing of the Sick

Matthew 11:14

Luke 7:11-15

Matthew 19:5-6 Matrimony 2 Timothy 1:6 Holy Orders

Acts 6:1-6

# KEY VOCABULARY

Hierarchy Hope Lectionary Missal

### **Sacraments**

Chosen People communion of saints divine sanctifying grace

### **Family Life**

fidelity morality Moral Virtues sexual intercourse **Social Justice** 

Corporal Works of Mercy justice Samaritan

discrimination prejudice Spiritual Works of Mercy

judgment racism

**Stewardship** 

Corporal Works of Mercy ministry Stewardship

ecumenism Samaritan

evangelization Spiritual Works of Mercy

# SAMPLE ACTIVITIES TO ASSIST WITH THE ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

- These activities could assist in assessing several outcomes in Celebrations of Christian Mystery (Sacraments/Liturgy – How We Celebrate)
  - o The student will give an oral presentation to report on his/her own baptism
  - The student will report on the baptism of Jesus
  - The student will plan a Eucharist celebration and participate through service on the altar, proclaiming the Word, singing in choir, or offering gifts
  - The student will write an essay on "What Eucharist means to Me" or "Why Eucharist is Central to All Sacraments"
  - The students will name the steps of Reconciliation
  - o The student will witness an anointing
  - o The student will discuss or write about a wedding he/she has attended
  - The student will interview a married couple to ask about the challenges and joys
    of being married
  - The student will interview a priest, deacon, religious brother or sister about vocation, duties, challenges, and joys

Prayers, Devotions, and Practices - See Appendix I

Catechetical References – See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE SIX

### **CONTENT THEME/STRAND**

God's people throughout history and today are challenged to follow the teachings of Jesus and His ancestors as seen in Hebrew and Christian Scriptures.

#### **INSTRUCTIONAL FOCUS**

- To recognize how God reveals himself in Scripture and Tradition, with an emphasis on salvation history
- To understand one's role as part of the family, church, and community
- To develop one's own prayer life, especially using Scripture, as part of a deepening relationship with God

### STUDENT PERFORMANCE OUTCOMES

### 6-A. Profession of Faith (Creed – What We Believe)

STU	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Explain the importance of ecumenism with particular emphasis on respect for the Jewish religion		820
2.	Describe the Christian Scriptures as a collection of inspired works by various authors over a long period of time to inform, inspire, and guide us		105-07
3.	Recognize Jesus as the Messiah, the fulfillment of Hebrew prophecies		527, 702-16
4.	Explore the story of God's covenant as it continues in the Christian tradition		80
5.	Relate the role of the Holy Spirit throughout salvation history and divine revelation		683-88, 702-47
6.	Explain the Paschal mystery relative to divine revelation and the promise of salvation		50-67, 74-79, 122, 571-623
7.	Recognize the Church as a community of believers, the people of God		946-47
8.	Explain the effects of original sin		388-89
9.	Articulate that the Church has proclaimed the Gospel and teaching of Jesus from its earliest times and continues to do so today.		102-04
10.	Understand that God alone judges who will go to heaven or to hell		1021-1022
11.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell		1023-1037

# 6-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STUDENTS WILL		1	Catechism of the Catholic Church	
1.	Explain the influence of Hebrew and Christian Scripture as they relate to the Sacraments exemplified by Eucharistic prayer		1150, 1217-23, 1286, 1334, 1502, 1539-43, 1602-11	
2.	Participate in the planning and preparation of liturgies		1140-44, 1348	
3.	Celebrate and receive the sacraments of Reconciliation and Eucharist		1422-98	
4.	Identify and celebrate the seasons of the liturgical year, special feast days of the Blessed Mother, Holy Days, and of the Saints.		1163	

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# 6-C. Life in Christ (Christian Living – How We Live)

STU	DENTS WILL	1	Catechism of the Catholic Church
1.	Recognize the Hebrew Scriptures as God making Himself known to all people		1889, 2056-57
2.	Define Yahweh as the one true God who is faithful to the Covenant He made with His people		203-04
3.	Examine the lives and works of people of faith in Hebrew Scriptures		2030, 828
4.	Practice the Corporal and Spiritual Works of Mercy		2447
5.	Relate the theological and moral virtues as a way to live in accordance to God's plan		2084-94, 1803-45
6.	Apply the Beatitudes to one's daily life		1716-24
7.	Explain that it is God, the Holy Spirit, who gives us grace, and a share in His love		2003, 739
8.	Examine methods they can use to strengthen awareness of God in our lives		
9.	Identify a well-formed conscience in relation to moral choices		1783-85
10.	Identify morality as the norm of behavior within a certain group or society and the importance of moral decisions for our salvation		1696
11.	Identify values and principles of a Catholic lifestyle		1720
12.	Explain the role of the Holy Spirit in salvation history		683-88, 702-47
13.	Explain the role of the Holy Spirit in divine revelation		737
14.	Initiate personal offerings of time and service to the Church and civic community as exemplified by Jesus Christ		
15.	Describe how Saints Damien De Veuster and Marianne Cope were models of the Corporal and Spiritual Works of Mercy.		

<u>Fam</u>	ily Life	<b>/</b>	Catechism of the Catholic Church
16.	Examine the effect of their own growth and maturation including its effects on the relationships within the family		2206
17.	Grow in understanding and appreciation of their spirituality, feelings, needs, and sexuality		2337
18.	Develop awareness of the role of peer relationships and their effect on development, faith, and discipleship		1897
19.	Examine the family as a source of spiritual values, religious practices, customs and tradition that helps shape one physically, psychologically, and socially		2205-07
20.	Identify the human life cycle and discuss the different ages and stages present in a family unit		2208
21.	Identify and discuss Christian values and principles upon which to build mature relationships with the opposite sex and all members of society		1603, 2393
22.	Describe their social responsibility to protect life and witness to its sacredness in the family and community		1914-15
23.	Demonstrate respect for all people		2437
24.	Demonstrate Christian responsibility to protect life and witness to its sacredness		2258-59
25.	Evaluate contemporary lifestyles and discern those that undermine the value of life		2268-2317
26.	Explain Church teaching as it relates to drug abuse, abortion, and sexually transmitted diseases (STDs)		228, 2291, 2270
27.	Practice conflict resolution skills.		2303-6

Soci	al Justice and Stewardship	<b>/</b>	Catechism of the Catholic Church
28.	Define stewardship as being Christ for others by giving of time, talent, and treasure		1123
29.	Support the responsibility of stewardship as an aspect of social justice		1117
30.	Identify their own talents and gifts and share these with the community		1936-37
31.	Demonstrate an awareness of the need for social action in response to unjust conditions		2415-18
32.	Develop and demonstrate respect for the environment.		

# 6-D. Christian Prayer (Prayer – How We Pray)

STU	DENTS WILL	1	Catechism of the Catholic Church
1.	Explain the Psalms as song prayers		2585-89
2.	Participate in a variety of private and communal prayer forms, meditation, spontaneous prayer, gesture, song, dance, etc.		2700-19, 2626-43
3.	Participate in formal prayer and rituals; Stations of the Cross, litanies, paraliturgies, etc.		2650

**Christian Prayer** (continued)

4.	Define prayer as a conversation with God and participate in activities designed to enhance spiritual growth	2725
5.	Memorize and recite all required age appropriate prayers.	

**6-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="www.catholichawaii.org">www.catholichawaii.org</a>.

### KEY SCRIPTURE REFERENCE/STORIES

Genesis 1-2 Creation Narratives
Genesis 12:1-6 Covenant with Abraham
Exodus 3 Revelation of God to Moses

Isaiah 40:1-11 Promise of Salvation
Genesis 37:2-36 Story of Joseph
Book of Ruth Story of Ruth
Matthew 1:18-23 Infancy Narratives
Luke 1-2 Infancy Narratives

Exodus 12:1-28 Passover

Matthew 26-28 Passion, Death, and Resurrection
Mark 14-15 Passion, Death, and Resurrection
Luke 22-24 Passion, Death, and Resurrection
John 18-21 Passion, Death, and Resurrection

Exodus 20:1-17 Ten Commandments

Deuteronomy 6:1-4 The Great Commandment

Isaiah 42:1-4 Suffering Servant
Isaiah 49:1-7 Suffering Servant
Isaiah 50:4-7 Suffering Servant

Matthew 5:1-12 Beatitudes

John 13:1-15 Washing of the Feet

John 15:5, 11-17 Connection with Jesus and Each Other

Matthew 6:6-13 Our Father Luke 1:46-49 Magnificat

# KEY VOCABULARY

### **Profession of Faith**

angels	heaven	Passover
Catholic	Hebrew	patriarch
catholic	Incarnation	prophecy
covenant	kingdom	Revelation
divine revelation	marks of the Church	Sabbath
ecumenism	Messiah	Torah
exile	Mt. Sinai	tradition
fulfillment	original sin	Yahweh

Sacraments/Liturgy

All Saints Annunciation Immaculate Conception

All Souls Ascension Liturgical Year

anamnesis Bible-books of, Triduum

Life in Christ

church inspiration virtues

conscience justice Works of Mercy

evangelization stewardship

Family Life

sexuality

**Christian Prayer** 

adoration litany Psalms

Amen meditation communal prayer monstrance

# SAMPLE ACTIVITIES TO ASSIST WITH THE ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

- This activity could assist in assessing outcomes for the Profession of Faith (Creed – What We Believe)
  - Students will explore the effects of original sin by doing a collage of good/evil and giving an oral report explaining the messages imbedded in their work.
- This activity could assist in assessing the Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)
  - Students will participate in planning and preparation of liturgies.
- These activities could assist in assessing outcomes in Life in Christ (Christian Living – How We Live)
  - Students will watch a video and complete a writing assignment in which they recognize a talent, gift, complimentary characteristic, or quality of each class member
  - Students will show respect for the environment by participation in the celebration of Earth Day.
- These activities could assist in assessing outcomes in Christian Prayer (Prayer How We Pray)
  - Students will take turns daily reciting prayers to be mastered as well as those which are to be reinforced.
  - Students will pray the Rosary
  - Students will make up their own prayers.
  - o Students will draw their own Stations of the Cross and explain them in writing.

Prayers, Devotions, and Practices - See Appendix I

Catechetical References – See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE SEVEN

### **CONTENT THEME/STRAND**

Faith calls us to respond to the message of Jesus Christ who is present to us today in the Church and world.

# **INSTRUCTIONAL FOCUS**

- To discover the person and teachings of Jesus through Christian Scriptures
- To understand and recognize visible signs of God's grace
- To respond to Christ's message with actions

# STUDENT PERFORMANCE OUTCOMES

# 7-A. Profession of Faith (Creed – What We Believe)

STU	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Identify Jesus as true God and true man who is Savior, Messiah, Priest, Prophet, and King		464-69
2.	Explain that the Christian Scriptures are a divinely inspired collection of books to assist them in discerning the meaning of the Word of God in their own lives		105, 112-33
3.	Retell the accounts of Christ's birth, life, death, and resurrection		487-507, 525-27 571-658
4.	Retell the accounts of the early Church, focusing on the gifts of the Holy Spirit		1830-31
5.	Describe the Church as the community of believers founded by Christ		1102
6.	Describe that the Church functions as the Body of Christ, Servant, Sacrament, and is a human institution with a divine mission		771-825
7.	Define the roles of the Pope, cardinals, bishops, priests, deacons, vowed religious, and laity		871-933
8.	Describe the teachings of Scriptures of the New Testament on death, judgment, and Jesus' second coming		1021-1037
9.	Identify God as one who is just, merciful, and has a purpose for us		1045
10.	Explain that Jesus continues His mission and presence in the world through the Church and the Holy Spirit		3, 250, 1085
11.	Identify grace as God's free gift to us		35, 54, 1999, 2008
12.	Explain Mary's role in salvation		411, 963
13.	Explain the Trinity as Father and Creator, Son and Redeemer, Holy Spirit and Sanctifier		232-56
14.	Discuss the Communion of Saints as the unity of all those who follow Jesus		946-48

**Profession of Faith** (continued)

_ : : • :	(continued)	
15.	Distinguish between worship of God and devotion to the saints	61, 347, 1148, 1173
16.	Define saints as friends of Jesus and models of Christian living	2030
17.	Explain how we are called to be saints	823, 960-962
18.	Identify other role models in addition to the saints	2013-14
19.	Explain that martyrs exist even in our times.	2473-74
20.	Understand that God alone judges who will go to heaven or to hell	1021-1022
21.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell	1023-1037

# 7-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STI	JDENTS WILL	<b>/</b>	Catechism of the Catholic Church
1.	Explain that the Church is universal in nature, but diverse in traditions according to cultural variations		854-56
2.	Outline the history of the sacraments as community celebrations instituted by Christ that call us to share God's love with others		1114-16
3.	Identify the action of Christ, rite, sign, minister(s), and effect of each sacrament		1113-1666
4.	Plan and celebrate liturgies		1204-06
5.	Distinguish between liturgies and devotions for special occasions		1163, 1173
6.	Explain the seasons and symbols of the liturgical year		1168
7.	Identify and celebrate Mary's feast days		1172, 2177
8.	Examine the ethnicity of some feasts; e.g. St. Patrick, Our Lady of Guadalupe.		828

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# 7-C. Life in Christ (Living – How We Live)

STU	STUDENTS WILL		Catechism of the Catholic Church
Soc	al Justice/Stewardship		
1.	Explain that justice is rooted in respect for human dignity		1929
2.	Identify the rights of others in the pursuit of justice		2255
3.	Explain that hunger, poverty, and violence are forms of injustice		1947
4.	List the causes and effects of hunger, poverty, and violence		1935-38
5.	List types of poverty: material, spiritual, intellectual, and emotional		1938
6.	Demonstrate their Christian responsibility to protect human life in all its stages		2258
7.	Describe how external life reflects their internal commitment to Catholic identity		

Social Justice/Stewardship (continued)

8.	Define their personal role toward stewardship	1956, 2402
9.	Participate in school and class service projects as a form of stewardship and evangelization	910
10.	Examine the lives of the saints, especially Saints Damien De Veuster and Marianne Cope	

Peac	<u>Se</u>	1	Catechism of the Catholic Church
11.	Explain that peace is an inner condition modeled by Jesus		2305
12.	List examples of peace and name peacemakers from the Christian Scriptures		2304-06
13.	Tell how peace begins and grows from the actions of one individual		2304-06
14.	List ways to seek and work for peace		2302-17
15.	Demonstrate and practice conflict resolution skills		1940
16.	Create peaceful alternatives and solutions for poverty		1939-42

Fam	ily Life	Catechism of the Catholic Church
17.	Evaluate the effects of their growth and maturation on relationships within their family	1882
18.	Explain the family as a source of spiritual values, religious practices, customs and traditions that helps shape one physically, psychologically, and socially	2214-20
19.	Identify the human life cycle and the different ages and stages present in a family unit	2204-08
20.	Explain one's social responsibility in the family and community	2207
21.	Explain the role of peer relationships and their effect on development, faith, and discipleship.	166

Sexi	uality	<b>/</b>	Catechism of the Catholic Church
22.	Describe one's developing spirituality, feelings, needs and sexuality		2332-33
23.	Explain the nature of the family in God's plan		2201-06
23.	Defend Church teaching in regard to drug abuse, abortion, AIDS, and sexually transmitted diseases (STDs)		2270-75, 2291
24.	Identify mature, responsible values and behaviors in sexuality		2337
25.	Explain the purpose of human reproduction in the context of sacramental marriage		1652, 1660, 2360-62
26.	Identify Christian values and principles to build mature relationships with the opposite sex.		2213

Pers	onal Responsibility	<b>/</b>	Catechism of the Catholic Church
27.	Explain the Christian norms for behavior in Jesus' law of love, the Beatitudes and the Ten Commandments		397, 459, 1717

**Personal Responsibility** (continued)

28.	List the Precepts of the Church	2041-43
29.	Identify the seven capital sins, theological virtues, and	1866, 1812-13,
29.	cardinal virtues	1805-07
30.	Explain personal morality as formed by conscience	1780, 1794
31.	Demonstrate an informed conscience	1783-85
32.	Discuss that we have free will and are responsible for the choices we make	1777-82
33.	Compare and contrast Christian and secular norms for success	1930
34.	Explain that Gospel values are the foundation of social, economic, and political choices for Christians	1716-24, 2447
35.	Explain that every right has a corresponding responsibility	1731, 1913-17
36.	Identify and share their time, treasures, and talents(stewardship) in service to those in need	1924-27
37.	Demonstrate that service is participating in the life of the Church	852
38.	Evaluate their continued spiritual, physical, and psychological growth	2441, 2461
39.	Identify Catholic values and principles which guide and enrich our lives	2244
40.	Evaluate contemporary lifestyles and identify those that undermine the value of life.	2268-83

# 7-D. Christian Prayer (Prayer – How We Pray)

STU	DENTS WILL	/	Catechism of the Catholic Church
1.	Use Scripture as a means of experiencing Jesus through prayer and study		124, 127
2.	Explain that all forms of prayer are conversation with God		2559, 2563-64
3.	Identify prayer as necessary in working toward peace and justice		2304
4.	Write various types of prayer: thanks, praise, sorrow, petition		2629-43
5.	Use appropriate forms of prayer, e.g., song, dance, meditation, litanies, etc.		2663
6.	Memorize and recite all required age appropriate prayers (Appendix I).		

# **7-E.** Safe Environment – Refer to the Office of Safe Environment at <a href="www.catholichawaii.org">www.catholichawaii.org</a>.

# **KEY SCRIPTURE REFERENCES/STORIES**

Luke 2:41-52	Jesus Lost in the Temple
Luke 3: 21-22	Jesus is Baptized
Matthew 4:1-11	Temptation in the Wilderness
Luke 4:16-21	Jesus Announces His Mission
Mark 8:27-29	Peter's Profession of Faith
Luke 6:20-21	Beatitudes

**Key Scripture References/Stories** (continued)

Matthew 6:9-13 The Our Father Luke 9:28-36 The Transfiguration

Luke 12:15, 33-34; 21:1-4, 18:35-43 Social Justice, Compassion

Mark 10:14, 20-22

Matthew 9:9-13, 25:35-40

Mark 4:2-9, 13-20 Parables

Luke 14:16-23

Matthew 20:1-16, 18:10-14

John 11:1-44 Miracles

Matthew 14:22-33, 9:28-34

Mark 4:35-41

Luke 17:11-19; 9:10-17

Luke 22-24 Passion, Death, and Resurrection Narratives

John 18-21

### KEY VOCABULARY

**Profession of Faith** 

Abba cardinals Pope Anointed One Exodus priest

ark of the covenant laity religious orders bishops literary forms sin (venial/mortal)

**Celebration of the Christian Mystery** 

absolution Eucharist precepts of the Church

altar incense Reconciliation

ambo indelible seal rites

Anointing of the Sick initiation sacramental Baptism Lectionary sanctuary catechumenate literary forms symbols celebrant liturgical colors tabernacle

celibacy liturgical year transubstantiation

chalicemannavernacularcommunionMatrimonyvestibuleconfessionmercyViaticumConfirmationPaschal mysteryworship

contrition Penance

Life in Christ

apostle disciple secular

beatitudes epistles social teaching common good evangelist solidarity conscience free will stewardship

conversion grace Decalogue justice Family Life

abortion chastity morality adultery conception procreation AIDS STD

annulment fornication birth control Matrimony

#### **Christian Prayer**

devotions icons

# SAMPLE ACTIVITIES TO ASSIST WITH THE ASSESSMENT OF STUDENTS' MASTERY OF CONCEPTS

- This activity could assist in assessing the Profession of Faith (Creed-What We Believe)
  - Students will read a book about a saint and prepare an electronic presentation (PowerPoint, iMovie, etc.)
- These activities could assist in assessing outcomes in Life in Christ (Christian Living – How We Live)
  - Students will prepare an examination of conscience based on the Precepts of the Church and share with other grade levels in a student designed penance service.

Prayers, Devotions, and Practices - See Appendix I

Catechetical References - See Appendix II

# ELEMENTARY CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADE EIGHT

### **CONTENT THEME/STRAND**

We understand and appreciate the history and character of the Church community while developing a personal faith.

# **INSTRUCTIONAL FOCUS**

- To develop a knowledge of the history of the Church
- to understand one's role in the Church community
- To demonstrate that all people are called to further the Kingdom of God by living the Good News of the Gospel

# STUDENT PERFORMANCE OUTCOMES

# 8-A. Profession of Faith (Creed – What We Believe)

STU	DENTS WILL	/	Catechism of the Catholic Church
1.	Explain that Jesus formed a community of disciples (the church) to share in and continue God's saving presence		425, 763-66
2.	Describe how the Holy Spirit inspires and guides the Church		737-39, 813, 852
3.	Explain the Church as one, holy, catholic, and apostolic		811-65
4.	Identify and interpret the rituals and tradition of the Roman Catholic Church		857-65, 1066-1205, 1667-76
5.	Demonstrate that there are many ways to express one's faith within the Catholic Church		832-35, 873
6.	Examine how the Church is family		1169, 759, 1655
7.	Analyze how the Church is an institution with national and global communities		832-35
8.	Demonstrate that the Church is built on individual commitment		791, 814, 1937
9.	Chart the role of the various groups in the church: Pope, cardinals, bishops, priests, religious communities, etc.		871-933
10.	Describe the history, work, and role of religious communities and the call to religious life today		914-33
11.	Compare and contrast the Roman Catholic Church in relationship to other Christian traditions		836-38
12.	Explain the role of Mary in the Church		963-72
13.	Distinguish and explain the four functions of the Church: Body of Christ, Servant, Sacrament, and Institution		96, 871-913
14.	Chart the canonization process		28, 2030, 828
15.	Identify the ways in which the Church as an institution communicates with the faithful through such means as councils and encyclicals		880-96
16.	Summarize how the church began on Pentecost and how it grew through the efforts and sacrifices of the first apostles and those who made up the first Christian communities		1076

**Profession of Faith** (continued)

17	Outline how the Church grew throughout the different periods of history and social development	726, 830, 1076
18	Explain the importance of missionary work in the growth of the Church throughout history	
19	Explain and evaluate the significance of the Second Vatican Council.	884

# 8-B. Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STU	STUDENTS WILL		Catechism of the Catholic Church
1.	Explain how the sacraments celebrate the presence of		
	Christ in our most important life experiences  Explain that the Eucharist is the central celebration of our		
2.	Church		
3.	Explain how the sacraments can express and identify values important to teenagers		
4.	Describe why prayer is an important part of the daily life of a Catholic		
5.	Name the specific parts and order of the Mass and participate in all the common responses		
6.	Identify liturgies associated with feasts and seasons of the Church year		
7.	Understand that full initiation into the Church includes Baptism, Confirmation and Eucharist		
8.	Recognize parish membership provides an opportunity to worship God in community and serve others.		2179

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# 8-C. Life in Christ (Christian Living – How We Live)

STU	DENTS WILL	<b>/</b>	Catechism of the Catholic Church
Soci	al Justice/Stewardship		
1.	Assess how Christian values help us make social, economic, and political choices		2044-46, 2039
2.	Discuss that some sins are collective, the wrongful acts of a group		1853, 1868-69
3.	Explain how the quality of our eternal life depends upon how we live now		1003-04, 1020-21, 1720-24
4.	Interpret the Ten Commandments and Beatitudes as the summary of Christian morality		1716-24, 1858
5.	Show how to apply the values of the gospel through stewardship		
6.	Explain that gospel justice can be in conflict with the secular world		1723, 1971-74

Social Justice/Stewardship (continued)

	Explain the basis for teachings of social justice, stewardship,	
7.	and morality as the dignity of the human person and	
1 ' '	Christian view of freedom: e.g. biological and technological	
	developments, right to life, euthanasia	
8.	Initiate personal offerings of time and service to the Church	
0.	and civic community as exemplified by Jesus Christ	
9.	Describe how external life reflects their internal commitment	
9.	to Catholic Identity.	

Fam	Family Life			
10.	Discuss appropriate decision making within the family		2204-05	
11.	List and evaluate current issues that relate to a teenager's life			
12.	Describe the teaching authority of the Church			
13.	Identify the teen's present stage of development in order that he/she may act positively and maintain a positive sense of self		2351-63	
14.	Describe the real meaning of being an adult, responsible to oneself and others		2284-98	
15.	Describe the changing relationship with members of the other gender			
16.	Define and evaluate the function of dating at the middle school level and beyond			
17.	Explain the Church's teaching on the Sacrament of Matrimony as a reflection of the relationship of Christ and the Church		1601- 58	
18.	Explain that a Christian marriage is a union founded on equal dignity and unreserved mutual self-giving		2201 - 03	
19.	Explain the call of all the baptized to live in holiness as it relates to Christ and the Church			
20.	Explain that sexual activity and intercourse have meaning and purpose only in the context of matrimony		2201-03	
21.	Explain that chastity and abstinence are within the capabilities of each person		2520-2527	
22.	Explain the Church's teaching regarding morally acceptable methods of family planning			
23.	Explain the Church's teaching regarding the immorality of artificial insemination, contraception, sterilization, and abortion			
24.	Explain the Church's teaching on interreligious marriages		1633-34, 1640	
25.	Summarize the Church's teaching on divorce and annulment		1650-51, 1629	
26.	Describe the impact of substance abuse on oneself and others		2290	
27.	Defend and discuss the responsibility of the living to care respectfully for the dead and dying		2299-2301	
28.	Outline the signs, symptoms, and stages of the HPV infection and other sexually transmitted diseases			

Family Life (continued)

29.	Explain how the AIDS virus and sexually transmitted	
29.	diseases (STDs) are transmitted and prevented.	

#### 8-D. **Christian Prayer (Prayer – How We Pray)**

STU	STUDENTS WILL		Catechism of the Catholic Church
1.	Identify the authorship of Christian Scriptures		76, 102-05, 126
2.	Describe the historical-cultural context for interpreting Scriptures in order to discern the meaning of Scripture in their own lives		
3.	Interpret the message of the Gospel as the Good News of Jesus		127, 571
4.	Explain the Christian Scriptures as a collection of books that tells the story of God and His people		120-33
5.	Memorize and recite all required age appropriate prayers (Appendix I)		
6.	Experience various traditions of Catholic prayer forms such as the rosary, benediction, litanies, novenas, contemplative prayer, and meditation in order to appreciate the rich heritage of the ancient and living church.		131-33

8-E. Safe Environment - Refer to the Office of Safe Environment at <a href="https://www.catholichawaii.org">www.catholichawaii.org</a>.

# **KEY SCRIPTURE REFERENCE/STORIES**

Commissioning of the Apostles Mark 16:14-18 Matthew 28:16-20 Commissioning of the Apostles

Acts 9:1-9 The Vision of Saul 1 Corinthians 12:4-13 The Variety of Gifts A New Commandment John 13:31-35

John 6:35-40 The Way, the Truth and the Life

Luke 22:14-20 The Holy Eucharist Communal Life Acts 2:42-47

### KEY VOCABULARY

### **Profession of Faith**

Catholic

angel church hierarchy Communion of Saints Incarnation apocalypse apostolic age crusades infallibility dark ages Ascension martyr deacon Assumption monasticism diocese bishop reformation blasphemy doctor of the church Revelation canonization ecumenical council schism catholic encyclical theology heresy

# **Celebration of the Christian Mystery**

Acts of the Apostles deposit of faith

#### Life in Christ

apostle epistles justice beatitudes euthanasia natural law common good evangelist secular

consciencefree willsocial teachingconversiongracesolidaritydecaloguehuman rightsstewardship

disciple just war

**Christian Prayer** 

adoration lectio divina novena

benediction litany contemplation meditation

# SAMPLE OF ACTIVITIES TO ASSIST IN THE ASSESSMENT OF STUDENTS' MYSTERY OF CONCEPTS

- This activity could assist in assessing outcome in Profession of Faith (Creed What We Believe)
  - Students will work in small groups using research and organizational skills to prepare a presentation to show the similarities and differences between the Catholic Church and other religions.
- This activity could assist in assessing the Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)
  - Students will name the specific parts and order of the Mass in written response.
- These activities could assist in assessing outcomes in Life in Christ (Christian Living

   How We Live)
  - Students will develop a service project such as a canned food drive using planning, organization, and advertising techniques to include the entire student body
  - Students will use a personal journal to reflect upon their present stage of development and the challenges they face as they continue to grow
- This activity could assist in assessing Christian Prayer (Prayer How We Pray)
  - Students will develop teaching/learning games for younger students to assist them in the mastery of age-appropriate prayers.

Prayers, Devotions, and Practices – See Appendix I

Catechetical References - See Appendix II

# HIGH SCHOOL CATECHETICAL GUIDELINES DIOCESE OF HONOLULU GRADES NINE - TWELVE

# STUDENT PERFORMANCE OUTCOMES

# **HS-A.** Profession of Faith (Creed – What We Believe)

STUDENTS WILL		1	Catechism of the Catholic Church
FAI	<u>гн</u>		
1.	Examine how God's covenant with humanity was progressive and in stages		51; 54-64
2.	Recognize that Jesus is the fullness of God's revelation.		51-53; 65-67

# **SCRIPTURE**

3.	Define revelation as the sharing of God's existence and identity through human experiences	50-53; 84-90; 109-110
4.	Identify the Bible as the story of God's revelation to people as well as the Church's role in the transmission of divine revelation	74-87; 131-133
5.	Demonstrate and understand various methods of biblical interpretation	109-119; 128-130
6.	Apply ideas of Scripture to daily life.	115-119

# **DOCTRINE AND DOGMA**

7.	Recall and explain the articles (teachings) of the Creed	190-191; 167
8.	Identify the key doctrines and dogma of the Catholic tradition	253-256
9.	Explain how the Apostles' Creed and the Nicene Creed have shaped our tradition	142-148
10.	Demonstrate how the Nicene Creed is an essential for Christian living	142-184
11.	Describe the inter-relationship between personal faith (I believe) and ecclesial faith (we believe).	142-143; 166-169

# **HOLY TRINITY**

12.	Illustrate the understanding of the Holy Trinity as distinct	232-237; 241; 246;
	Persons of Father, Son, and Holy Spirit	261-267
13.	Summarize the historical development of the doctrine of the Holy Trinity	232-260
14.	Identify the titles of Jesus	430-451
15.	Defend the Catholic understanding of the necessity of the	456-463
13.	mystery of the Incarnation	430-403
16.	Explain the Paschal Mystery in relation to our understanding	571-682
10.	of redemption	57 1-002
17.	Define the titles, symbols, and missions of the Holy Spirit.	691-701; 731-747

# **CHURCH**

18.	Explain the names, images and symbols used for Church	748-757; 781-801
10.		140-131, 101-001
19.	Recognize that the Church is the vehicle through which	750 700
19.	God's plan is revealed for all humanity	758-769
20.	Define the Church as the universal sacrament of salvation	774-776
20.	for humanity.	774-776
21.	Name and describe the four marks of the Church	813-865
22.	Defend the Catholic belief of Mary as Mother of God and	484-507; 963-975
22.	Mother of the Church	464-507, 965-975
22	Explain the relationship of the Roman Catholic Church to	920 922
23.	other Christian Churches and other faiths.	820-822

# **COMMUNITY**

24.	Define the concept of "Christian Faithful"	897-913
25.	Explain the role of hierarchy in the life of the Church	874-896
26.	Identify the belief in the Communion of Saints	828; 946-959; 1003;
20.		1009; 1474-1477
	Explain the Christian involvement in the life, mission, and	51/ 2201-2206; 2232-
27.	work of the Church, family and community as a means of	2233; 1877-1889;
	fulfillment of God's plan of salvation	1939-1948
28.	Explore the meaning of death for the Christian believer	1005-1019
29.	Relate that the Church is a community of God's people	820-821; 827; 1428
29.	called to continual reform and renewal.	020-021, 027, 1420

# **CREATION**

30.	Examine the Catholic understanding of the hierarchy of creatures and the interdependence of creation	325-349
31.	Explore various concepts of the expression of "God creator" and the Catholic understanding of the origins of humanity	279-314
32.	Define the Catholic understanding of human work	2426-2436
33.	Teach the Christian responsibility of stewardship.	1351

# **HS-B.** Celebration of Christian Mystery (Sacraments/Liturgy – How We Celebrate)

STU	STUDENTS WILL		Catechism of the Catholic Church
1.	Define liturgy and its importance in the life of the Catholic Church and that Sunday, the "Lord's Day," is the principal day for the celebration of the Eucharist		1066-1109, 1193
2.	Define the term "sacrament" and explain how the sacraments are instituted by Christ		1113-1130
3.	Explore how sacraments always involve symbols – both word and matter – in their celebration		1145-1162
4.	Identify the liturgical seasons of the year		1163-1173
5.	Describe the Sacraments of Initiation as foundational to Christian life; include name of the Sacraments, essential signs, effects, biblical basis and their history		1210-1274

**Celebration of Christian Mystery** (Continued)

6.	List the elements of the liturgical celebration of the Eucharist.	1345-1355
7.	Describe the Mass in terms of Liturgy of the Word and Liturgy of the Eucharist	1356-1381
8.	Describe the Sacraments of Healing as a renewal in the Christian life: include names and essential signs of the Sacraments, history, effects and biblical basis for each	1533-1658
9.	Describe the Sacraments at the Service of Holy Communion toward the salvation of others: include the names and essential signs of the Sacraments, history, effects, and biblical basis for each.	1533-1658

For detailed outcomes and catechism references to the sacraments, refer to Appendix III.

# **HS-C.** Life in Christ (Christian Living – How We Live)

STU	DENTS WILL	1	Catechism of the Catholic Church
Disc	ipleship/Stewardship		
1.	Describe how the Sacraments of Initiation give one a share in the priestly, prophetic and kingly office		901-913
2.	Specify how lay persons share in the common priesthood of all believers		1268; 1141;1120
3.	Describe the role of the laity, hierarchy, and those in consecrated life in the Christian faithful		871-933
4.	Describe the term "vocation" and identify vocation as a call from God – not just a personal choice		1; 3; 873; 931; 1700
5.	Describe the difference between the priesthood of believers and the ministerial priesthood		1547
6.	Describe Baptism as the basis of the whole Christian life		1213
7.	Describe the communal character of the human being		2196-2257
8.	Define the Catholic understanding of authority, the common good and the role they play in the life of the human being		2419-2442
9.	Explain the understanding of stewardship and the ownership of goods		2401-2449;2535-2547
10.	Explain the responsibility of people to evangelize as participants in society		1913-1917
11.	Describe the responsibilities of civil authority and citizens		2234-2243
12.	Articulate that service is an essential element of discipleship.		1905-1917,1939-1942

Hun	Human Dignity		
13.	Observe and critique North American culture in light of Catholic values		
14.	Demonstrate ways in which the Catholic experience of faith has been/is shaped by culture and stands against culture		

15.	Identify the varied cultures and contributions they make within the Church, including spirituality, traditions, popular world views and ethics	813-822; 830-38
16.	Acknowledge individuals who make/have made contributions to the Church.	1716-1729;2013-2016
17.	Acknowledge the reality of sin as that which divides us from God	1730-1892
18.	Explain the Catholic understanding of justification, grace and merit	1987-2011
19.	Understand that our justification comes from the grace of God.	1996-2011

Fam	ily Life	/	
20.	Recognize that God's creative love is reflected in our human need for truth and happiness		27 - 35
21.	Analyze human longings for ultimate fulfillment		27 - 35
22.	Identify and apply Catholic principles to our understanding of interpersonal relationships, especially sacramental marriage		357;362;1700;1879; 2284-2298
23.	Recognize the relationships between love of God, love of self, and love of others		850;1822;2658; 2667; 2055;2069
24.	Explain the role of parents and family in interpersonal relations		2196-2257
25.	Articulate an understanding of human sexuality		2331-2390
26.	Define the human responsibility to bear witness to the truth.		2464-2492

Mora	al Conscience	<b>/</b>	
20.	Define and model the Catholic understanding of the morality of human actions		1749-1775;1928-1938
21.	Describe the Catholic understanding of the natural law, particularly as it applies to the Sacrament of Marriage		1776-1794
22.	Explain the position of the Church on the sources of morality and the morality of human acts		1749-1775
23.	Define sin and differentiate between the various kinds of sin		1846-1869
24.	Understand that God alone judges who will go to heaven or to hell		1021-1022
25.	Recognize the consequences of sin and the three states of being after death: heaven, purgatory, hell		1023-1037
26.	Explain the Catholic understanding of justification, grace and merit		1987-2011
27.	Describe the role of magisterium of the Church in the moral life of individuals.		2032-2040

# HS-D. Christian Prayer (Prayer – How We Pray)

STU	DENTS WILL	_	Catechism of the Catholic Church
1.	Describe the forms of prayer		2626-2643
2.	Know the "Liturgy of the Hours"		1176-1177

3.	Identify Scripture at Mass and other liturgies	103, 1096, 1100, 1184, 1190, 1349
4.	Explain that the Psalms are essential elements of the prayer of the Church	2585-2589, 2597
5.	Explain "Lectio Divina" as a meditative, prayerful approach to Scripture	1177, 2708
6.	Explore Scripture as basis for individual prayer and for prayer within small Christian communities, retreats, and other gatherings.	2653-2654

**HS-E.** Safe Environment – Refer to the Office of Safe Environment at www.catholichawaii.org.

### KEY VOCABULARY

Henry VIII

Adoration Marriage (as sacrament) hierarchy Annulment Holy Family: Jesus, Mary, Monasticism Catechumen Joseph mystery Commemoration Indulgence Pastoral Letter Community of Faith infallibility Precepts of the Church Preferential Option for the consecrated life inter-religious Inquisition creed Poor Dark Ages John Calvin Pope John XXIII dogma John Knox Racial Discrimination doctrine John the Baptist Real Presence ecumenical Kingdom of God Reformation Evangelists laity Sabbath Genesis Lazarus Tradition Grace Magisterium Veneration

vocation

Martin Luther

Prayers, Devotions, and Practices - See Appendix I

Catechetical References - See Appendix II

# **APPENDICES**

# APPENDIX I

# PRAYERS, DEVOTIONS, PRACTICES

Grade 1	Grade 2	Grade 3	Grade 4
<ul> <li>Sign of the Cross</li> <li>Hail Mary</li> <li>The Lord's Prayer</li> <li>Glory Be</li> <li>Grace at Meals</li> </ul>	<ul> <li>Sign of the Cross</li> <li>Hail Mary</li> <li>The Lord's Prayer</li> <li>Glory Be</li> <li>Grace at Meals</li> <li>Guardian Angel Prayer</li> <li>Confiteor</li> <li>Act of Contrition</li> <li>Prayer after Holy Communion</li> <li>Mass Responses</li> </ul>	<ul> <li>Sign of the Cross</li> <li>Hail Mary</li> <li>The Lord's Prayer</li> <li>Glory Be</li> <li>Grace at Meals</li> <li>Act of Contrition</li> <li>Prayer after Holy Communion</li> <li>Guardian Angel Prayer</li> <li>Confiteor</li> <li>Mass Responses</li> <li>The Apostles' and Nicene Creeds</li> <li>Stations of the Cross</li> <li>Corporal and Spiritual Works of Mercy</li> </ul>	<ul> <li>Sign of the Cross</li> <li>Hail Mary</li> <li>The Lord's Prayer</li> <li>Glory Be</li> <li>Grace at Meals</li> <li>Act of Contrition</li> <li>Prayer after Holy Communion</li> <li>Guardian Angel Prayer</li> <li>Spontaneous Prayer</li> <li>Confiteor</li> <li>Mass Responses</li> <li>The Apostles' and Nicene Creeds</li> <li>Stations of the Cross</li> <li>Corporal and Spiritual Works of Mercy</li> <li>Rosary</li> <li>Memorare</li> <li>Prayer to the Holy Spirit</li> <li>Hail, Holy Queen</li> </ul>

# APPENDIX I (continued)

# PRAYERS, DEVOTIONS, PRACTICES

Grade 5	Grade 6	Grades 7 - 12
Grade 5  • Sign of the Cross • Hail Mary • The Lord's Prayer • Glory Be • Grace at Meals • Act of Contrition • Prayer after Holy Communion • Guardian Angel Prayer • Spontaneous Prayer • Confiteor • Mass Responses • The Apostles' and Nicene Creeds • Stations of the Cross • Corporal and Spiritual Works of Mercy • Rosary • Memorare • Prayer to the Holy Spirit • Hail, Holy Queen • Angelus • Student-created prayer	<ul> <li>Sign of the Cross</li> <li>Hail Mary</li> <li>The Lord's Prayer</li> <li>Glory Be</li> <li>Grace at Meals</li> <li>Act of Contrition</li> <li>Prayer after Holy Communion</li> <li>Guardian Angel Prayer</li> <li>Spontaneous Prayer</li> <li>Confiteor</li> <li>Mass Responses</li> <li>The Apostles' and Nicene Creeds</li> <li>Rosary</li> <li>Stations of the Cross</li> <li>Corporal and Spiritual Works of Mercy</li> <li>Memorare</li> <li>Prayer to the Holy Spirit</li> <li>Hail, Holy Queen</li> <li>Angelus</li> <li>Student-created prayer</li> <li>Morning Prayer</li> </ul>	<ul> <li>Sign of the Cross</li> <li>Hail Mary</li> <li>The Lord's Prayer</li> <li>Glory Be</li> <li>Grace at Meals</li> <li>Act of Contrition</li> <li>Prayer after Holy Communion</li> <li>Guardian Angel Prayer</li> <li>Spontaneous Prayer</li> <li>Confiteor</li> <li>Mass Responses</li> <li>The Apostles' and Nicene Creeds</li> <li>Rosary</li> <li>Stations of the Cross</li> <li>Corporal and Spiritual Works of Mercy</li> <li>Memorare</li> <li>Prayer to the Holy Spirit</li> <li>Hail, Holy Queen</li> <li>Angelus</li> <li>Student-created prayer</li> <li>Morning Prayer</li> </ul>
	<ul> <li>Evening Prayer</li> <li>Benedictus (Canticle of Zechariah)</li> <li>Magnificat (Canticle of Mary)</li> </ul>	<ul> <li>Evening Prayer</li> <li>Benedictus (Canticle of Zechariah)</li> <li>Magnificat (Canticle of Mary)</li> <li>Prayer of Saint Francis</li> <li>Prayer of Saint Damien</li> <li>Prayer of Saint Marianne</li> </ul>

#### Sign of the Cross

In the name of the Father and of the Son and of the Holy Spirit Amen

### **Lord's Prayer (Our Father)**

Our Father, who art in heaven, hallowed be thy name; thy kingdom come, thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

#### **Grace Before Meals**

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty, through Christ our Lord.

Amen.

#### **Act of Contrition**

My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend with your help to do penance, to sin no more and to avoid whatever leads me to sin. Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

#### **Guardian Angel Prayer**

Angel of God, my guardian dear, to whom God's love commits me here, ever this day be at my side, to light and guard, to rule and guide. Amen.

### **Hail Mary**

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

#### Glory Be to the Father (Doxology)

Glory be to the Father and to the Son and to the Holy Spirit, as it was in the beginning is now, and ever shall be world without end.
Amen.

#### **Grace After Meals**

We give you thanks, for all your benefits, Almighty God, who lives and reigns forever.

[And may the souls of the faithful departed, through the mercy of God, rest in peace.]

Amen.

#### Prayer after Holy Communion (Anima

Christi-attributed to St. Thomas Aquinas)
Soul of Christ, sanctify me
Body of Christ, save me
Blood of Christ, inebriate me.
Water from the side of Christ, wash me
Passion of Christ, strengthen me
O Good Jesus, hear me
Within Thy wounds hide me
Suffer me not to be separated from thee
From the malignant enemy defend me
In the hour of my death call me
And bid me come unto Thee,
That with all Thy saints,
I may praise thee forever and ever.
Amen.

#### Confiteor

I confess to almighty God and to you, my brothers and sisters, that I have greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do, through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin all the Angels and Saints, and you, my brothers and sisters, to pray for me to the Lord our God.

#### The Apostles' Creed

I believe in God. the Father almighty, Creator of heaven and earth, and in Jesus Christ, his only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate. was crucified, died and was buried; he descended into hell: on the third day he rose again from the dead: he ascended into heaven, and is seated at the right hand of God the Father almighty; from there he will come to judge the living and the dead.

I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

### **Nicene Creed**

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages. God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made. For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end.

I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets.

I believe in one, holy, catholic and apostolic Church.
I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead and the life of the world to come. Amen.

### Rosary

### The Joyful Mysteries (on Mon. & Sat.)

- 1. The Annunciation
- 2. The Visitation
- 2. The Nativity
- 3. The Presentation
- 4. The Finding of Jesus in the Temple

### The Sorrowful Mysteries (on Tue. & Fri.)

- 1. The Agony in the Garden
- 2. The Scourging at the Pillar
- 3. The Crowning with Thorns
- 4. The Carrying of the Cross
- 5. The Crucifixion

### The Glorious Mysteries (on Wed. & Sun.)

- 1. The Resurrection
- 2. The Ascension
- 3. The Coming of the Holy Spirit
- 4. The Assumption of Mary
- 5. The Coronation of Mary

### The Luminous Mysteries (on Thur.)

- The Baptism of Jesus in the River Jordan
- 2. The Wedding Feast at Cana
- 3. The Proclamation of the Kingdom of God
- 4. The Transfiguration of Jesus
- 5. The Institution of the Eucharist

### Prayer to the Holy Spirit

#### verse:

Come, Holy Spirit, fill the hearts of your faithful.

### response:

And kindle in them the fire of your love.

#### verse:

Send forth your Spirit and they shall be created.

#### response:

And you shall renew the face of the earth.

#### Let us pray:

Oh God, by the light of the Holy Spirit you have taught the hearts of your faithful. In the same Spirit, help us to know what is truly right and always to rejoice in your consolation. We ask this through Christ, Our Lord. Amen.

#### **Stations of the Cross**

- 1. Jesus is Condemned to Death
- 2. Jesus carries his cross
- 3. Jesus Falls the First Time
- 4. Jesus Meets His Sorrowful Mother
- 5. Simon of Cyrene Helps Jesus Carry the Cross
- 6. Veronica Wipes the Face of Jesus
- 7. Jesus Falls a Second Time
- 8. Jesus Meets the Women of Jerusalem
- 9. Jesus Falls the Third Time
- 10. Jesus Is Stripped of His Garments
- 11. Jesus Is Nailed to the Cross
- 12. Jesus Dies on the Cross
- 13. Jesus Is Taken Down from the Cross
- 14. Jesus Is Laid in the Tomb

# Spiritual Works of Mercy

- counsel the doubtful
- instruct the ignorant
- admonish the sinners
- comfort the afflicted
- forgive offenses
- bear wrongs patiently
- pray for the living and the dead

#### **Corporal Works of Mercy**

- feed the hungry
- give drink to the thirsty
- clothe the naked
- shelter the homeless
- visit the sick
- visit the imprisoned
- bury the dead

#### **Memorare**

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thy intercession, was left unaided. Inspired by this confidence I fly unto thee, O Virgin of virgins, my Mother.

To thee do I come, before thee I stand, Sinful and sorrowful.

O Mother of the Word Incarnate Despise not my petitions But in thy mercy hear and answer me. Amen.

### **Benedictus (Canticle of Zechariah)** Blessed be the Lord, the God of Israel:

he has come to his people and set them free He has raised up for us a mighty savior, born of the house of his servant David. Through his holy prophets he promised of old that he would save us from our enemies, from the hands of all who hate us. He promised to show mercy to our fathers and to remember his holy covenant. This was the oath he swore to our father Abraham: to set us free from the hands of our enemies. free to worship him without fear, holy and righteous in his sight All the days of our life. You, my child, shall be called

In the tender compassion of our God the dawn from on high shall break upon us, to shine on those who dwell in darkness and the shadow of death. and to guide our feet into the way of peace. Glory to the Father and to the Son and to the Holy Spirit, as it was in the beginning, is now and will be forever. Amen.

For you will go before the Lord to prepare his

Way, to give his people knowledge of salvation by the forgiveness of their sins.

The prophet of The Most High;

#### **Morning Prayer**

God, our Father, I offer you today all that I think and do and say. I offer it with what was done on earth by Jesus Christ, your Son. Amen.

#### **Evening Prayer**

God, our Father, this day is done. We ask you and Jesus Christ, your Son, that with the Spirit, our welcome guest, vou quard our sleep and bless our rest. Amen.

#### Angelus

Verse: The Angel of the Lord declared unto Mary.

**Response**: And she conceived of the Holy Spirit.

Hail, Mary, full of grace, the Lord is with thee. Blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Verse: Behold the handmaid of the Lord. Response: Let it be done unto me according to thy word.

Hail Mary...

Verse: And the Word was made flesh. Response: And dwelt among us.

Hail, Mary...

### Magnificat (Canticle of Mary)

My soul proclaims the greatness of the Lord, my spirit rejoices in God my Savior; for he has looked with favor on his lowly servant. From this day all generations will call me blessed:

the Almighty has done great things for me, and holy is his Name.

He has mercy on those who fear him in every generation.

He has shown the strength of his arm, he has scattered the proud in their conceit. He has cast down the mighty from their thrones, and has lifted up the lowly He has filled the hungry with good things, and the rich he has sent away empty. He has come to the help of his servant Israel for he has remembered his promise of mercy. the promise he made to our fathers.

to Abraham and his children forever. Amen.

Hail Holy Queen (Salve Regina)
Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope.
To you do we cry, poor banished children of Eve.
To you do we send up our sighs, mourning and weeping in this valley of tears Turn then, most gracious advocate your eyes of mercy toward us, and after this exile show unto us the blessed fruit of thy womb Jesus.
O clement, O loving, O sweet Virgin Mary

### **Prayer of Saint Francis**

Lord, make me an instrument of your peace: where there is hatred, let me sow love; where there is injury, pardon; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O divine Master, grant that I may not so much seek to be consoled as to console, to be understood as to understand, to be loved as to love. For it is in giving that we receive, It is in pardoning that we are pardoned, and it is in dying that we are born to eternal life.

### **Prayer of Saint Damien**

Damien, brother on the journey, happy and generous missionary, who loved the Gospel more than your own life, who for love of Jesus left your family, your homeland, your security and your dreams.

Teach us to give our lives with joy like yours, to be in solidarity with the outcasts of our world, to celebrate and contemplate the Eucharist as the source of our own commitment.

Help us to love to the very end and, in the strength of the Spirit, to persevere in compassion for the poor and forgotten so that we might be good disciples of Jesus and Mary.

Amen.

#### **Prayer of Saint Marianne**

Lord Jesus, you who gave us your commandment of Love of God and neighbor, and identified yourself in a special way with the most needy of your people, hear our prayer.

Faithful to your teaching, St. Marianne Cope loved and served her neighbor, especially the most desolate outcast, giving herself generously and heroically for those afflicted by leprosy. She alleviated their physical and spiritual sufferings, thus helping them to accept their afflictions with patience. Her care and concern for others manifested the great love you have for us. Through her merits and intercession, grant us the favor which we confidently ask of you so that the people of God, following the inspiration of her life and apostolate, may practice charity towards all according

to your word and example. Amen.

#### APPENDIX II

#### CATECHETICAL REFERENCES

The following references speak specifically to the catechetical ministry and should be available to catechists. (Listed in order of publication.)

- New American Bible, Revised Edition
- <u>"One 'Ohana" Video Series on the Sacraments,</u> Diocese of Honolulu, <u>www.catholichawaii.org</u> (production dates vary.)
- Conformity Listing of Catechetical Texts and Series: Current listing of religious education texts
  and series that have been found in conformity with the Catechism of the Catholic Church;
  published by the United States Conference of Catholic Bishops, <a href="https://www.usccb.org">www.usccb.org</a>
- <u>The Catholicism Series</u>: a thematic presentation of what Catholics believe and why, so all adults can come to a deeper understanding of the Catholic Faith. Father Robert Barron, 2011
- <u>Sacramental Catechesis: An Online Resource for Dioceses and Eparchies, Committee on Evangelization and Catechesis, United States Conference of Catholic Bishops, 2010</u>
- <u>Catechetical Formation in Chaste Living</u>: Guidelines for Curriculum and Publication, United States Conference of Catholic Bishops, 2007.
- United States Catholic Catechism for Adults, United States Conference of Catholic Bishops, 2006
- Compendium: Catechism of the Catholic Church: United States Conference of Catholic Bishops, 2006
- <u>Guiding Principles on Catechetical Presentations of Human Sexuality for Curriculum and Publication Design</u>, United States Conference of Catholic Bishops, 2006
- Man and Woman, He Created Them: A Theology of the Body, John Paul II, 2006
- National Directory for Catechesis, United States Conference of Catholic Bishops, 2005
- Our Hearts are Burning Within Us, United States Catholic Conference. 1999
- General Directory for Catechesis, United States Catholic Conference, 1997
- The Truth and Meaning of Human Sexuality, The Pontifical Council for the Family, 1996
- Catechism of the Catholic Church, United States Conference of Catholic Bishops, 1994
- Guide for Catechists, Congregation for the Evangelization of Peoples, 1993
- Go And Make Disciples, National Conference of Catholic Bishops, 1992
- Rite of Christian Initiation For Adults, United States Catholic Conference, 1988
- Catechesi Tradendae, John Paul II Apostolic Exhortation, 1979
- General Catechetical Directory, Sacred Congregation for the Clergy,1971

# APPENDIX III CATECHESIS FOR FIRST PENANCE, CONFIRMATION, EUCHARIST OF CHILDREN IN GRADES 3 – 12

STUI	DENTS WILL	1	Catechism of the Catholic Church
Reco	nciliation/Confession		
1.	Show Jesus' forgiveness and healing through reconciliation		1423
2.	Define sin and understand the consequences of sin		1440-1472
3.	State that we are welcomed back to God's family when we ask for forgiveness through reconciliation		1455
1.	Learn the symbols and Rite of Reconciliation and that the bishop and priests are ministers of the sacrament		1461
5.	Know that the priest must keep secret all sins confessed to him		
6.	Use the Ten Commandments as a guide for the examination of conscience		1461
7.	Research and share the lives of the saints		2683
3.	Know that Catholics must attend Mass on Sundays, holy days obligation, and to take a day of rest on Sundays.		2042
Conf	<u>irmation</u>		
8.	Examine the lives of saints (especially Saints Damien De Veuster and Marianne Cope) and discuss ways to be more like them		2684
9.	Recognize that in Confirmation the Holy Spirit confirms and strengthens the grace we receive in baptism		1289
10.	Listen and discuss the story of Pentecost		1278, 1302-03
11.	Name the Gifts/Fruits of the Holy Spirit		1299, 1830, 1832
12.	Understand the essential elements of the Confirmation: laying-on of hands, anointing with chrism and the words of the formula		1300-10
13.	Know that Confirmation deepens and seals the Sacrament of Baptism, marks one with an indelible character on the soul, strengthens us as Christian disciples and to share the faith with others		
14.	Recognize that Confirmation strengthens the bond with the Church and its mission		1285, 1288-89, 1293-94
15.	Identify the symbols, minister of, and parts of the Rite of Confirmation		1288, 1293-94, 1312-13
16.	Identify the hierarchy of the Church; pope as leader, bishop as head of Diocese, pastor as head of parish		1312-13
17.	Explain baptismal promises and, if baptized as an infant, renew the promises made at baptism and express a desire to be confirmed		1306-10
Euch	arist		
17.	Recognize that the Eucharist connects us to the Church and the Body of Christ		1396-1401
18.	Recognize that the Sunday celebration of the Lord's Day and his Eucharist is at the heart of the Church's life		1324-1327

19.	Explain that Jesus acts through the priest who consecrates the bread and wine at Mass	1410-1411
20.	Recognize that bread and wine are changed into the Body and Blood of Jesus. This is called transubstantiation	1339, 1373-1381
21.	Explain that the Eucharist helps us to be good persons who help those in need	1397, 1393-1395
22.	Recognize that the Eucharist is a remembrance of Jesus' death and resurrection	1341-1344, 1362- 1372
23.	Learn the Rites and prayers of the Mass	

# APPENDIX IV ADDITIONAL CATECHESIS ON THE SACRAMENTS May be used to supplement each grade as needed.

Bapt	<u>ism</u>	1	Catechism of the Catholic Church
1.	Understand that a Christian life is the journey into the Paschal Mystery		1213
2.	Recognize Baptism gives sanctifying grace		1213
3.	Understand we are members of Christ and display actions accordingly		1265-66
4.	Explain that Baptism cleanses both original and personal sin		1263
5.	Participate in the practices and mission of the Church		1268-70
6.	Share in the mission of Christ as priest, prophet and king		1279
7.	Identify Baptism as the sacrament leading to all other Sacraments		
8.	Show respect and follow Church authority		1269
9.	Identify and explain the signs, symbols, rites, and gestures used to celebrate Baptism		1234-45
10.	List the ministers of the Sacrament of Baptism		1256
11.	Defend the beliefs in the Nicene Creed		189

Matri	mony	1	Catechism of the Catholic Church
1.	Identify and encourage the care and concern of the whole Christian community for married couples by public recognition of couples planning marriage, modeling by couples in successful marriages, and support of couples in challenged marriages		1603, 1663
2.	Recognize marriage is a distinct and dignified vocation in the Church		1603
3.	Identify the effects of the Sacrament of Marriage; the establishment of a permanent and exclusive bond between a man and woman that is sealed by God		1639-40
4.	Explain why marriage within the Catholic faith is desirable		1634
5.	Identify that marriage is a covenant of love in which God participates as an active member		1611, 1645
6.	Recognize that love and struggles in a marriage help a couple attain the holiness of their vocation		1641
7.	Identify that a Christian marriage is an equal partnership		1639, 1627, 1662
8.	Recognize that family is the first and essential center of faithful living, the domestic church and the home is the first school of Christian living		1666
9.	Identify that marriage in Christ is a sacred relationship that is supported for the length of their lives by the grace to love each other with the love Christ has for the Church		1655-58
10.	Identify the essential elements of marriage as faithful (covenant between man and woman), permanent (partnership for life) and fruitful (procreate)		1640, 1644

11.	Recognize the importance of mutual support of the spouses for growth in love, procreation, and education of their children	1652-54
12.	Accept personal responsibility to protect human life from the moment of conception to natural death	2270-83
13.	Identify and explain the signs, symbols, rites and gestures used to celebrate the Sacrament of Marriage	1656-57
14.	Recognize that couples themselves are the ministers of the sacrament and that their consent should be publicly exchanged in their vows before a priest or deacon, two witnesses, and in the presence of an assembly of the faithful	1623, 1625-32
15.	As caring member of the community be willing to offer care and concern for those suffering from the trauma of divorce	1651
16.	Accept divorced members and their children as integral members of the parish community	1651
17.	Recognize that divorce does not prevent the receiving of the sacraments. Catholics who are divorced and remarried without having obtained a declaration of nullity cannot receive the Sacraments but should still participate in the life of the Church.	1650
18.	Identify that an annulment is an official declaration by the Church that what appeared to be a valid marriage was invalid from the beginning	1628-29
19.	Understand that couples who are divorced and remarried outside the Church are to seek to regularize their marriage if possible, listen to the Word of God, attend Mass, persevere in prayers, perform works of charity, bring up the children in the faith, cultivate the spirit and the practice of penance	1651

Holy	<u>Orders</u>	1	Catechism of the Catholic Church
1.	Explain that Church members, through Baptism, share in the priesthood of Christ		1546-47
2.	Differentiate how ministerial priesthood differs from the common priesthood of the faithful because it confers a sacred power for the service of the faithful		1547
3.	Recognize that a man of Christ, either in the priesthood or diaconal service, receives a special grace of the Holy Spirit		1550
4.	Understand that the Church authority alone has the responsibility and right to call someone to receive the Sacrament of Holy Orders		1578
5.	Identify and explain that the Church, in the person of the bishops, confers the Sacrament of Holy Orders only on baptized men		1577
6.	Identify and explain the signs, symbols, rites and gestures used to celebrate the Rite of Ordination		1572-74

7.	Compare/contrast the duties for each degree of ordained ministry; bishops, priests and deacons	1554-71
8.	Describe how the grace of the Holy Spirit empowers bishops, priests and deacons to share in the saving action of Jesus Christ's ministry of teaching, sanctifying, and building up the Church	1585-89
9.	Recognize the call to celibacy as a sign of new life of service to which priests are consecrated	1579
10.	Recognize Eastern Church men are permitted to marry prior to priestly ordination	1580
11.	Recognize that permanent deacons may be men who are already married, but after ordination to the diaconate, they cannot enter into marriage	1571
12.	Explain the difference between order and diocesan priests	1595
13.	Differentiate between religious orders and Holy Orders	

Reco	onciliation encommendation	/	Catechism of the Catholic Church
1.	Interpret in relation to Scripture the forgiving, merciful power of God who welcomes home the sinner with a banquet		1443
2.	Recognize God's plan of salvation for all to be reconciled with him and live in Communion with him.		1469, 1440-42
3.	Explain Christ's love is more powerful than death, more powerful than sin		1424
4.	Explain Christ bestows gifts of grace in the Sacrament of Reconciliation		1468
5.	Define, apply and analyze the individual's examination of conscience, contrition, confession, absolution and penance as the only way for the faithful to reconcile themselves to God		1455-60
6.	Differentiate between mortal and venial sin and their consequences		1854-64
7.	Explain why only priests who have received authority from the Church are the ones who can forgive sins in the name of the Church		1461-62
8.	Understand and accept the belief that priests are bound by the seal of confession, under the most severe penalties, to keep absolute secrecy		1467
9.	Identify and explain the signs, symbols, rites and gestures used to celebrate the Sacrament of Reconciliation		1451, 1456, 1491
10.	Know that the Penitential Rite in the Eucharistic Liturgy is a means of repentance for venial sins		1394
11.	Recognize evil in society and explain why it is evil according to the gospels, e.g. Internet Plagiarism		
12.	Grow in understanding and appreciation that the Sacrament of Reconciliation allows the sinner to acknowledge their sinfulness, estrangement from God and His Church, and the need for conversion and forgiveness		1847, 1455

13.	Comprehend that sins hurt relationships with God and others in our community	1849-50
14.	Understand that forgiveness is essential to rebuild the solidarity and unity in the community and act accordingly	1469

Anointing of the Sick		1	Catechism of the Catholic Church
1.	Practice the Corporal and Spiritual Works of Mercy		2447
2.	Recognize human suffering, sickness, aging, and respond according to the call of faith		2449
3.	Understand that there is solidarity with the suffering Christ when one is suffering from illnesses		1521
4.	Identify and explain the signs, symbols, rites, and gestures used to celebrate the Sacrament of Anointing of the Sick		1519
5.	Recognize that Anointing of the Sick is a liturgical and communal celebration not reserved for death only, but also for any Baptized suffering from a serious or chronic illness		1514-15
6.	Recognize that the Anointing of the Sick is also a preparation for death, to be received by those at the point of death; integral to the last rites with which the Church fortifies her faithful in their last hours and which Catholics value so highly: Anointing of the Sick, Sacrament of Penance and the Eucharist as Viaticum		1524-25
7.	Recognize the effects of the sacrament, uniting the sick to the passion of Christ		1520-22
8.	Understand the importance of maintaining courage to endure in a Christian manner the suffering of illness, or old age; the forgiveness of sins, restoration of health or preparation over to eternal life		1532
9.	Recognize that the Sacrament of Anointing of the Sick may be received more than once		1529
10.	Identify the importance of receiving the Sacrament prior to serious surgery		1529
11.	Accept responsibility as a member of the faithful to visit and care for the sick		1509
12.	Recognize that only bishops and priests may administer the Sacrament of Anointing of the Sick		1516