

Health & Wellness Fair

Sponsored by the Parish Health Ministry



Saturday, May 19, 2018

9:00 am – 1:00 pm

*St. John Apostle and Evangelist Church
95-370 Kuahelani Ave, Mililani HI*

FREE COMMUNITY EVENT FEATURING:

- ♥ Free Blood Pressure
- ♥ Free Hawaiian Eye Glaucoma Test
- ♥ Project Vision – Free eye testing for Keiki's & Seniors
- ♥ Ask a Professional booth, including specialist
- ♥ "Senior Tai Chi" with Stuart Holloway

Featured Speaker: 9:00 – 10:00 AM

Dr. Marel Vea, Pali Momi Medical Center -"Elderly Falls Prevention"

HEALTH INFORMATION BOOTHS

- ♥ Laura Pasternak, R.N. – Health & Wellness using Doterra Essential Oils
- ♥ Naomi Fukuda, APRN – Diabetic Education & Screening
- ♥ John Cummings of Dept. of Emergency Management – Natural Disasters
- ♥ Patrick Uyemoto, Pharmacist Consultation – Medicine Management
- ♥ Eric Barsatan - Hawaii CPR Training Services



For more information: sjaeinfo@rcchawaii.org

