

FREE Evangelization Inserts for Bulletins Newsletters & Websites

**6th Sunday in Ordinary Time
February 10-11, 2018**

Note that these reflections can be found in
Word and pdf at
www.catholichawaii.org/inserts

Questions, Comments Suggestions?
Contact Kristina kdeneve@rcchawaii.org or
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Living Catholic in the 808: How Will You Encounter Lent?

**By: Kristina DeNeve
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I don't know about you, but I've been bombarded with options this year about what I might do spiritually this Lent. Read a book, carry a nail in my pocket, get a daily email reflection. So many options!

But, to be honest, to some extent, my Lenten practice is already set. Indeed, it has been set since I was a child. I'll again be fasting in some fashion and setting aside money associated with that fasting in my Rice Bowl.

For many of us, Lent is the time we focus more intently on our own conversion, on turning towards God by praying more and giving up a bad habit or luxury item (aka, fasting). But, Lent is not just for dusting off our own souls – it is not supposed to be about our own selves!! Lent is about giving of ourselves TOWARDS AND FOR OTHERS, growing in our capacity to give ourselves away. Like Jesus did.

Maybe this Lent is the time to focus on the Seven Principles of Catholic Social Teaching – Rice Bowl will help you. Maybe this Lent is the time to Encounter Others and Share the Journey – Rice Bowl will help you. Maybe this Lent your Rice Bowl can mean even more for you than it did when you were keiki.

Crsricebowl.org

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