

**FREE Evangelization Inserts for Bulletins,  
Newsletters & Websites  
2<sup>nd</sup> Sunday of Lent  
March 11-12, 2017**

Note that these reflections can be found in Word  
and pdf at [www.catholicahawaii.org/inserts](http://www.catholicahawaii.org/inserts)

Questions, Comments Suggestions?  
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***Living Catholic in the 808:  
Re-Examining Our Views of Suffering***

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In **Rediscover Jesus**, Matthew Kelly suggests, “Suffering is one of the central mysteries of the human experience. I don’t know why I suffer in certain ways and you suffer in other ways. I don’t know why some people’s suffering is very public, and other people suffer quietly and inwardly in ways that nobody else would ever know. Suffering is an inevitable part of life, but it doesn’t have to be meaningless.”

I think Lent is an excellent time to re-examine our views of suffering. Why not embrace suffering as an instrument to assist you in moving closer to God’s heart? Why not take those challenging, painful life experiences in life and turn them around to help you focus on the powerful mystery of Christ’s suffering and death?

This deeper spirit of suffering is contained in the lyrics of a favorite hymn. May its verses ring true in our minds and in our hearts over these coming weeks:

“Keep in mind that Jesus Christ has died for us and is risen from the dead.  
He is our saving Lord, he is joy for all ages.  
If we die with the Lord, we shall live with the Lord.  
If we endure with the Lord, we shall reign with the Lord.”

(Keep in Mind by Lucien Deiss, CSSp)