

**FREE Evangelization Inserts for Bulletins,
Newsletters & Websites
8th Sunday of Ordinary Time
February 25-26, 2017**

Note that these reflections can be found in Word
and pdf at www.catholichawaii.org/inserts

Questions, Comments Suggestions?
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***Living Catholic in the 808:
Rice Bowl: Not Just for Keiki Any More!***

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In a few days we begin one of Catholics' favorite seasons: Lent. (Why do we love this season so much??) 40 days in the desert. Prayer, Fasting and Almsgiving. Bring it on, yes?!

As you discern how to live out your Catholic faith this Lent, might you consider an 'oldie but goodie,' namely Catholic Relief Services (CRS) Rice Bowl. (As you may know, CRS is THE international outreach ministry of our U.S. Catholic Bishops. It is how we minister to those in need all the world over, including our own back yards.)

CRS offers us the chance to PRAY, FAST and GIVE this Lent in solidarity with our bishops and with those in need. By downloading the app, you can access your new Lenten prayer routine. You can watch weekly videos, encountering those helped by CRS and learning more about Catholic Social Teaching. And you can commit the money saved from your fasting to support CRS.

And families? The Rice Bowl app offers you ways to pray with your keiki this Lent. You can make meals together, inspired by those weekly video stories. And, yes, you can even throw your pennies into that cardboard box – the same one you may have used as a child.

Download the Rice Bowl app. Pray. Fast. Give.