

Health & Wellness Fair

Sponsored by the Parish Health Ministry



Saturday, October 29, 2016

9:00 am – 1:00 pm

*St. John Apostle and Evangelist Church
95-370 Kuahelani Ave, Mililani HI 96789*

FREE COMMUNITY EVENT FEATURING:

- ♥ Health education and resources for the aging population
 - ♥ Flu shots
 - ♥ Vision exam
- ♥ Food demonstrations, tasting and take-home recipes
 - ♥ Ask a Professional booth, including specialist

WITH HEALTH INFORMATION ON TOPICS INCLUDING:

- ♥ Senior living resources
- ♥ Exercise and Wellness
 - ♥ Financial planning
- ♥ Home health and hospice
- ♥ Community and social services
- ♥ Transportation resources



For more information: sjaeinfo@rcchawaii.org

